

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1LR 1st Floor Living Room 3LR 3rd Floor Living Room BIS Bistro		Happy New Year!	9:30 Catholic Communion 10:00 Exercise Essentials 10:30 Daily Chronicle 11:00 Community Service - Baking Club  1:30 Toss & Catch Exercise 2:00 Lap Basket 3:00 <b>New Year Celebration Social</b> 3:30 Go4 Life Walking Club 3:30 Game with Annika 4:00 <b>SingFit</b> 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 10:45 Trivia 11:00 Manicures & Hand Massages 1:30 Baking Club 2:30 Meet Me at MoMA 3:00 Short Stories Social 3:30 <b>Music Social with Jon (1LR)</b> 4:30 Go4 Life Walking Club 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 11:00 Baking Club 11:30 I Hear Memories 1:30 Toss & Catch Exercise 2:00 Trivia 3:00 Flower Arranging Social 3:30 Go4 Life Walking Club 4:15 <b>SingFit</b> 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 10:45 Bible Study 11:00 Baking Club 1:30 Arts & Crafts Club 2:00 <b>Karaoke Music Program</b> 3:00 Bean Bag Toss Social 3:30 Go4 Life Walking Club 4:00 News Currents Sr. 5:45 Evening Meditation
10:00 Exercise Essentials 10:30 Daily Chronicle & Trivia 11:00 Sensory Stations 1:30 Baking Club 2:00 Toss & Catch Exercise 3:00 Jigsaw Puzzle Social 3:30 Go4 Life Walking Club 4:00 Sing-A-Long 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle & Trivia 11:00 Manicures & Hand Massages 1:30 Baking Club 2:15 Lap Baskets 3:00 Short Stories Social 3:30 Go4 Life Walking Club 4:00 Arts & Crafts Club 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 11:00 Trivia 1:30 Baking Club Social 2:00 Toss & Catch Exercise 3:00 Animal Bingo Social 3:30 Go4 Life Walking Club 4:15 <b>SingFit</b> 5:00 <b>Holiday Family Dinner</b> 5:45 Evening Meditation	9:30 Catholic Communion 10:00 Exercise Essentials 10:30 Daily Chronicle 11:00 Community Service - Baking Club  1:30 Toss & Catch Exercise 2:00 Lap Basket 3:00 Trivia Social 3:30 Go4 Life Walking Club 3:30 Game with Annika 4:00 <b>SingFit</b> 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 10:45 Trivia 11:00 <b>Virtual Reality (1LR)</b> 11:00 Manicures & Hand Massages 2:30 Meet Me at MoMA 3:00 Short Stories Social 3:30 <b>Music Social with Hank (3LR)</b> 4:30 Go4 Life Walking Club 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 11:00 Baking Club 11:30 I Hear Memories 1:30 Toss & Catch Exercise 2:00 Trivia 3:00 Flower Arranging Social 3:30 Go4 Life Walking Club 4:15 <b>SingFit</b> 5:45 Evening Meditation	10:00 Exercise Essentials 10:30 Daily Chronicle 10:45 Bible Study 11:00 Baking Club 1:30 Arts & Crafts Club 2:00 <b>Karaoke Music Program</b> 3:00 Bean Bag Toss Social 3:30 Go4 Life Walking Club 4:00 News Currents Sr. 5:45 Evening Meditation
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