

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <p>Door To Door EM provide comparable program for residents in Outing</p> <p>ABS Aspen Big Screen ACB Aspen Coffee Bistro AFP Aspen Fire Place AGA Aspen Garden Area AGR Aspen Great Room AKA Aspen Kitchen Area ALC Aspen Library Corner BSA Buffalo Sitting Area FCB Flagstaff Coffee Bistro FDA Front Desk Area FDR Flagstaff Dining Room FGA Flagstaff Garden Area FLR Flagstaff Living Room PPA Front Patio Area KSA Kinder-Sitting Area LWF Live With Fulfillment OFC Office OUT Outing RLR Reminiscence Living Room TBA To Be Announced</p> | | | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 1</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Laughter Yoga w/ Brian (AGR)</p> <p>3:00 Chef's Choice Social (AGR)</p> <p>3:30 Live Music W/ Chuck Fisher (AGR)</p> <p>5:00 "Murder, She Wrote" Dinner Club (ABS)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 2</p> <p>9:15 News Currents (ACB)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>11:00 Peanut Butter Club (AKA)</p> <p>1:00 Target (OUT)</p> <p>3:00 Sandwich Social (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 3</p> <p>9:15 Uplifting Ideas (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Fun Games (FLR)</p> <p>2:00 Meet Me at MOMA Painting Class (AGR)</p> <p>2:15 Active Fun w/ Nick (FLR)</p> <p>3:00 Happy Hour Social (AGR)</p> <p>3:30 Live Music W/ Jeanie (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 4</p> <p>9:15 Try Not To Laugh (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Book Club w/ Wanda (AGR)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Flowers (FLR)</p> <p>2:45 Build a Word (FLR)</p> <p>3:00 Wine & Cheese Social (FLR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Book Club w/ Wanda (AGR)</p> <p>1:00 Movie Outing</p> <p>1:15 BINGO (AGA)</p> <p>2:15 Flowers (FLR)</p> <p>2:45 Build a Word (FLR)</p> <p>3:00 Wine & Cheese Social (FLR)</p> <p>3:30 Jigsaw Puzzle (LWF)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> |
| <p>9:00 Chronicles, Calendars, & Coffee (AGR) 5</p> <p>9:30 Exercise Essentials (AGR)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:30 Songs & Scriptures (RLR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>1:15 Therapeutic Coloring (AGR)</p> <p>2:00 Documentary Series (ABS)</p> <p>3:00 Sunday Social (AGR)</p> <p>3:30 Seventies Sing Along (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 6</p> <p>9:15 Colorado Matters (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Bowling for Dollars! (AGR)</p> <p>3:00 Chips and Dip Social (AGR)</p> <p>3:30 Arts & Crafts (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 7</p> <p>9:15 This Week In Music History (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Lunch Bunch: Red Robin (OUT)</p> <p>11:00 Catholic Rosary (KSA)</p> <p>1:15 CupCafe Decorating Demonstration (AKA)</p> <p>2:00 Big Screen Crosswords (ABS)</p> <p>2:45 Live w/ Anticipation (ABS)</p> <p>3:00 Talking Stick w/ Will (ALC)</p> <p>3:00 Birthday Social (AGR)</p> <p>3:30 Who Am I? (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 8</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>11:00 Dining Meeting (FDR)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Laughter Yoga w/ Brian (AGR)</p> <p>3:00 Chef's Choice Social (AGR)</p> <p>3:30 Live Music W/ Natalie (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 9</p> <p>9:15 News Currents (ACB)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>11:00 Peanut Butter Club (AKA)</p> <p>1:00 Walmart (OUT)</p> <p>3:00 Sandwich Social (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 10</p> <p>9:15 Uplifting Ideas (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Fun Games (FLR)</p> <p>2:00 Meet Me at MOMA Painting Class (AGR)</p> <p>2:15 Active Fun w/ Nick (FLR)</p> <p>3:00 Happy Hour Social (AGR)</p> <p>3:30 Hit the Jackpot! (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 11</p> <p>9:15 Try Not To Laugh (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Book Club w/ Wanda (AGR)</p> <p>1:00 Movie Outing</p> <p>1:15 BINGO (AGA)</p> <p>2:15 Flowers (FLR)</p> <p>2:45 Build a Word (FLR)</p> <p>3:00 Wine & Cheese Social (FLR)</p> <p>3:30 Jigsaw Puzzle (LWF)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> |
| <p>9:00 Chronicles, Calendars, & Coffee (AGR) 12</p> <p>9:30 Exercise Essentials (AGR)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:30 Worship w/ Carol (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>1:15 Therapeutic Coloring (AGR)</p> <p>2:00 Documentary Series (ABS)</p> <p>3:00 Sunday Social (AGR)</p> <p>3:30 Seventies Sing Along (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 13</p> <p>9:15 Colorado Matters (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Bowling for Dollars! (AGR)</p> <p>3:00 Chips and Dip Social (AGR)</p> <p>3:30 Arts & Crafts (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 14</p> <p>9:15 This Week In Music History (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Lunch Bunch: 3 Margaritas (OUT)</p> <p>11:00 Catholic Rosary (KSA)</p> <p>1:15 Texas Cooking Demonstration (AKA)</p> <p>2:00 Big Screen Crosswords (ABS)</p> <p>2:45 Live w/ Anticipation (ABS)</p> <p>3:00 Social: Starting the New Year Off Big in Texas (AGR)</p> <p>3:30 Fun In The Lone Star State (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 15</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Laughter Yoga w/ Brian (AGR)</p> <p>3:00 Chef's Choice Social (AGR)</p> <p>3:30 Live Music W/ Mark (ABS)</p> <p>5:00 "Murder, She Wrote" Dinner Club (ABS)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 16</p> <p>9:15 News Currents (ACB)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>11:00 Peanut Butter Club (AKA)</p> <p>1:00 Target</p> <p>3:00 Sandwich Social (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 17</p> <p>9:15 Uplifting Ideas (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Fun Games (FLR)</p> <p>2:00 Meet Me at MOMA Painting Class (AGR)</p> <p>2:15 Active Fun w/ Nick (FLR)</p> <p>3:00 Happy Hour Social (AGR)</p> <p>3:30 Hit the Jackpot! (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 18</p> <p>9:15 Try Not To Laugh (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Book Club w/ Wanda (AGR)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Flowers (FLR)</p> <p>2:45 Build a Word (FLR)</p> <p>3:00 Wine & Cheese Social (FLR)</p> <p>3:30 Jigsaw Puzzle (LWF)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> |
| <p>9:00 Chronicles, Calendars, & Coffee (AGR) 19</p> <p>9:30 Exercise Essentials (AGR)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:30 Songs & Scriptures (RLR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>1:15 Therapeutic Coloring (AGR)</p> <p>2:00 Documentary Series (ABS)</p> <p>3:00 Sunday Social (AGR)</p> <p>3:30 Seventies Sing Along (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 20</p> <p>9:15 Colorado Matters (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Bowling for Dollars! (AGR)</p> <p>3:00 Chips and Dip Social (AGR)</p> <p>3:30 Arts & Crafts (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 21</p> <p>9:15 This Week In Music History (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Lunch Bunch: Condolier (OUT)</p> <p>11:00 Catholic Rosary (KSA)</p> <p>1:15 Texas Cooking Demonstration (AKA)</p> <p>2:00 Big Screen Crosswords (ABS)</p> <p>2:45 Live w/ Anticipation (ABS)</p> <p>3:00 Talking Stick w/ Will (ALC)</p> <p>3:00 Social: Starting the New Year Off Big in Texas (AGR)</p> <p>3:30 Fun In The Lone Star State (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 22</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Laughter Yoga w/ Brian (AGR)</p> <p>3:00 Chef's Choice Social (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 23</p> <p>9:15 News Currents (ACB)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>11:00 Peanut Butter Club (AKA)</p> <p>1:00 Target (OUT)</p> <p>Resident Council (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 24</p> <p>9:15 Uplifting Ideas (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Fun Games (FLR)</p> <p>2:00 Meet Me at MOMA Painting Class (AGR)</p> <p>2:15 Active Fun w/ Nick (FLR)</p> <p>3:00 Happy Hour Social (AGR)</p> <p>3:30 Hit the Jackpot! (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 25</p> <p>9:15 Try Not To Laugh (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Book Club w/ Wanda (AGR)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Flowers (FLR)</p> <p>2:45 Build a Word (FLR)</p> <p>3:00 Wine & Cheese Social (FLR)</p> <p>3:30 Jigsaw Puzzle (LWF)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> |
| <p>9:00 Chronicles, Calendars, & Coffee (AGR) 26</p> <p>9:30 Exercise Essentials (AGR)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:30 Worship w/ Carol (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>1:15 Therapeutic Coloring (AGR)</p> <p>2:00 Documentary Series (ABS)</p> <p>3:00 Sunday Social (AGR)</p> <p>3:30 Seventies Sing Along (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 27</p> <p>9:15 Colorado Matters (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Bowling for Dollars! (AGR)</p> <p>3:00 Chips and Dip Social (AGR)</p> <p>3:30 Arts & Crafts (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 28</p> <p>9:15 This Week In Music History (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>11:00 Lunch Bunch: Spice China (OUT)</p> <p>11:00 Catholic Mass w/ Priest (AGR)</p> <p>1:15 Texas Cooking Demonstration (AKA)</p> <p>2:00 Big Screen Crosswords (ABS)</p> <p>2:45 Live w/ Anticipation (ABS)</p> <p>3:00 Social: Starting the New Year Off Big in Texas (AGR)</p> <p>3:30 Fun In The Lone Star State (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 29</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Bingo! (AGR)</p> <p>2:15 Laughter Yoga w/ Brian (AGR)</p> <p>3:00 Chef's Choice Social (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 30</p> <p>9:15 News Currents (ACB)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Manicures w/ the Care Managers (ACB)</p> <p>11:00 Peanut Butter Club (AKA)</p> <p>1:00 Shopping at Walgreens (OUT)</p> <p>3:00 Sandwich Social (AGR)</p> <p>3:30 Live Music W/ Josh</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | <p>9:00 Chronicles, Calendars, & Coffee (AGR) 31</p> <p>9:15 Uplifting Ideas (LWF)</p> <p>10:00 Winter Go4Life® Walking Club (AGR)</p> <p>10:15 Exercise Essentials (AGR)</p> <p>10:45 Hand Massage w/ the Care Managers (ACB)</p> <p>11:00 SingFit® (AFP)</p> <p>1:15 Fun Games (FLR)</p> <p>2:00 Meet Me at MOMA Painting Class (AGR)</p> <p>2:15 Active Fun w/ Nick (FLR)</p> <p>3:00 Happy Hour Social (AGR)</p> <p>3:30 Hit the Jackpot! (AGR)</p> <p>6:00 Evening Relaxation Circle (FLR)</p> <p>6:30 Every Night is Movie Night! (ABS)</p> | |