

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A Activity Room B Bistro DR Dining Room LR Living Room O Outside PDR Private Dining Room RR Reflection Room			Happy New Year! 9:45 Cooking a New Year's Feast for the Team!! (A) 10:30 Manicures with our Care Managers! (B) 1:30 Musical Mysteries (A) 3:30 Wine & Cheese (B) 4:00 BINGO with Care Managers 6:15 Documentary (A)	10:00 Tai Chi Warm Ups 10:45 Chicken Soup for the Golden Soul (B) 12:45 Let's Go to the Movies! 3:30 Today in History Social (B) 4:00 BINGO 6:15 Opera Club (A)	10:00 Exercise Essentials (A) 11:00 Flower Arrangers Club (A) 1:30 Jeopardy with Mindy 2:00 Men's Club Bible Study with Mike (PDR) 2:30 Yoga Stretch (A) 3:30 True Trivia Social (B)	10:00 Exercise Essentials (A) 11:00 Pokeno! (A) 1:15 Go4Life® Walking Club (B) 2:00 Art Class with Rosemarie (A) 3:30 Mystery Word Magic Social 6:30 Netflix Flick- (A)
Happy Birthday Ed 10:00 Exercise Essentials (A) 10:30 Sunday Cooking Club (A) 1:15 Go4Life (A) 1:30 Cards for the Troops (A) 3:30 Share Our Cooking Social (B) 4:45 Eagles Football! 7:00 Chair dance with the Care Team (B)	10:00 Tai Chi Warm Ups (A) 10:45 Classical Piano with Bonnie 2:00 4 for 4 with Janet (B) 3:30 Share Your Spirit Social (B) 4:15 Word in a word (B) 7:00 Trivia with Preston!	10:00 Exercise Class: Cardio! (A) 10:30 Catholic Service (A) 11:00 Go4Life Walking Club (B) 2:30 Crossword! on the big screen (A) 3:30 Shake it with Keri Social 4:00 Armchair Travel	10:00 Exercise for Serenity 10:30 Manicures with our Care Managers! (B) 10:30 NewsCurrents Sr (A) 1:30 Haverford Choir (A) 3:30 Wine & Cheese (B) 4:00 BINGO with Care Managers 6:15 Documentary (A)	10:00 Tai Chi Warm Ups 10:45 Chicken Soup for the Golden Soul (B) 1:30 Target Shopping Trip 1:30 Beading Club (A) 3:30 Today in History Social (B) 4:00 BINGO 6:15 Opera Club (A)	Happy Birthday Vince 10:00 Exercise Essentials (A) 11:00 Flower Arrangers Club (A) 1:30 Jeopardy with Mindy 2:00 Men's Club Bible Study with Mike (PDR) 2:30 Yoga Stretch (A) 3:30 True Trivia Social (B)	10:00 Exercise Essentials (A) 11:00 Pokeno! (A) 1:15 Go4Life® Walking Club (B) 2:00 Art Class with Rosemarie (A) 3:30 Seventh day Adventist Church Visit (B) 6:30 Netflix Flick- (A)
10:00 Exercise Essentials (A) 10:30 Sunday Cooking Club (A) 1:15 Go4Life (A) 1:30 Cards for the Troops (A) 3:30 Share Our Cooking Social (B) 4:00 BINGO with Noah (B) 7:00 Chair dance with the Care Team (B)	10:00 Tai Chi Warm Ups (A) 10:45 Classical Piano with Bonnie 1:30 Meet Me at MoMA 1:30 Pray the Rosary (PDR) 2:00 4 for 4 with Janet (B) 3:30 Share Your Spirit Social (B) 4:15 Word in a word (B) 7:00 Trivia with Preston!	10:00 Exercise Class: Cardio! (A) 10:30 Catholic Service (A) 11:00 Go4Life Walking Club (B) 2:00 Resident Council Meeting (A) 3:30 Shake it with Keri Social 4:00 Armchair Travel	10:00 Exercise for Serenity 10:30 Manicures with our Care Managers! (B) 10:30 NewsCurrents Sr (A) 1:30 Musical Mysteries (A) 3:30 Wine & Cheese (B) 4:00 BINGO with Care Managers 6:15 Documentary (A)	10:00 Tai Chi Warm Ups 10:45 Chicken Soup for the Golden Soul (B) 11:00 Lunch at Minilla's Diner 1:30 Beading Club (A) 3:30 Today in History Social (B) 4:00 BINGO 6:15 Opera Club (A)	10:00 Exercise Essentials (A) 11:00 Flower Arrangers Club (A) 1:30 Bingo with Home Helper's (A) 2:00 Men's Club Bible Study with Mike (PDR) 2:30 Yoga Stretch (A) 3:30 True Trivia Social (B)	10:00 Exercise Essentials (A) 11:00 Pokeno! (A) 1:15 Go4Life® Walking Club (B) 2:00 Art Class with Rosemarie (A) 3:30 Mystery Word Magic Social 6:30 Netflix Flick- (A)
10:00 Exercise Essentials (A) 10:30 Sunday Cooking Club (A) 1:15 Go4Life (A) 1:30 Cards for the Troops (A) 3:30 Share Our Cooking Social (B) 4:00 BINGO with Noah (B) 7:00 Chair dance with the Care Team (B)	Happy Birthday Maureen and Martin Luther King Day 10:00 Tai Chi Warm Ups (A) 10:45 Classical Piano with Bonnie 2:00 4 for 4 with Janet (B) 2:30 Celebrating MLK (A) 3:30 Share Your Spirit Social (B) 4:15 Word in a word (B) 7:00 Trivia with Preston!	10:00 Exercise Class: Cardio! (A) 10:30 Catholic Service (A) 11:00 Go4Life Walking Club (B) 2:30 Crossword! on the big screen (A) 3:30 Shake it with Keri Social 4:00 Armchair Travel	10:00 Exercise for Serenity 10:30 Manicures with our Care Managers! (B) 10:30 NewsCurrents Sr (A) 1:30 Haverford Choir 3:30 Wine & Cheese (B) 4:00 BINGO with Care Managers 6:15 Documentary (A)	10:00 Tai Chi Warm Ups 10:45 Chicken Soup for the Golden Soul (B) 1:30 Pottery Painting Trip 1:30 Beading Club (A) 3:30 Today in History Social (B) 4:00 BINGO 6:15 Opera Club (A)	Happy Birthday Lillian A. 10:00 Exercise Essentials (A) 11:00 Flower Arrangers Club (A) 1:30 Jeopardy with Mindy 2:00 Men's Club Bible Study with Mike (PDR) 2:30 Yoga Stretch (A) 3:30 True Trivia Social (B)	10:00 Exercise Essentials (A) 11:00 Chinese New Year! (A) 1:15 Go4Life® Walking Club (B) 2:00 Art Class with Rosemarie (A) 3:30 Mystery Word Magic Social 6:30 Netflix Flick- (A)
10:00 Exercise Essentials (A) 10:30 Sunday Cooking Club (A) 1:15 Go4Life (A) 1:30 Cards for the Troops (A) 3:30 Share Our Cooking Social (B) 4:00 BINGO with Noah (B) 7:00 Chair dance with the Care Team (B)	10:00 Tai Chi Warm Ups (A) 10:45 Classical Piano with Bonnie 1:30 Meet Me at MoMA (A) 2:00 4 for 4 with Janet (B) 3:30 Share Your Spirit Social (B) 4:15 Word in a word (B) 7:00 Trivia with Preston!	10:00 Exercise Class: Cardio! (A) 10:30 Catholic Service (A) 11:00 Go4Life Walking Club (B) 2:30 Crossword! on the big screen (A) 3:30 Shake it with Keri Social 4:00 Armchair Travel	10:00 Exercise for Serenity 10:30 Manicures with our Care Managers! (B) 10:30 NewsCurrents Sr (A) 1:30 Musical Mysteries (A) 3:30 Wine & Cheese (B) 4:00 BINGO with Care Managers 6:45 CASINO NIGHT!	10:00 Tai Chi Warm Ups 10:45 Chicken Soup for the Golden Soul (B) 11:00 Glen Morgan Lunch Trip 1:30 Beading Club (A) 3:30 Kids Sing! Social (B) 4:00 BINGO 6:15 Opera Club (A)	10:00 Exercise Essentials (A) 11:00 Flower Arrangers Club (A) 1:30 Jeopardy with Mindy 2:00 Men's Club Bible Study with Mike (PDR) 2:30 Yoga Stretch (A) 3:30 True Trivia Social (B)	