

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>A</b> Art Table <b>AR</b> PC Activity Room <b>B</b> Bistro <b>G</b> Garden <b>H</b> Hallway <b>K</b> Kitchen <b>LR</b> Living Room <b>P</b> Porch <b>SP</b> Sunporch <b>SR</b> Snooze Room			9:45 Morning & News Review (LR) <b>1</b> 10:00 Morning Stretches (LR) 2:00 New Years Get Together with Quisha (LR) 3:00 Milk and Cookies Social 3:15 Meet Me At MOMA (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>2</b> 10:00 Thriller Thursday Exercises (LR) 10:30 Spa Hour (A) 2:00 EZ Trivia and Reminisce (H) 3:30 Write Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:00 Faith Filled Friday (LR) <b>3</b> 1:30 Nail Salon (A) 1:30 Bingo (A) 3:00 TGIF Social (K) 3:30 Writing Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>4</b> 11:00 Music Therapy with Nancy (LR) 2:00 Music with Wendy (B) 3:00 Snack Social (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)
10:30 Exercise Essentials (AR) <b>5</b> 11:00 Memories and Reflections (AR) 11:15 Sunday Philadelphia Inquirer Current Events 11:30 Communion services (AR) 2:00 Singfit and Balloon Toss (LR) 3:00 Sunday Movie: (LR) 3:15 Sunday Snack Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>6</b> 10:00 Sweating To The Oldies (LR) 10:15 About The World Club (LR) 10:30 Rosary (AR) 1:00 Music with Linda (LR) 2:00 Creative Corner Club (A) 3:00 Chat and Chew (B) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:30 Mommy & Me Visits (LR) <b>7</b> 10:30 Generosity Club: Thinking of You Cards for CHOP (A) 10:45 NewsCurrents (LR) 2:00 Sweets and Morsels Club with Jeff (K) 2:00 Bingo with Jeff (A) 3:00 Music and Share Our Baked Sweets Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>8</b> 10:00 Morning Stretches (LR) 10:00 Scenic Bus Ride (LR) 2:00 Banjo With John Anthony (B) 3:00 Milk and Cookies Social 3:15 Meet Me At MOMA (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>9</b> 10:00 Thriller Thursday Exercises (LR) 10:30 Spa Hour (A) 2:00 EZ Trivia and Reminisce (H) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:00 Fun Filled Fridays (P) <b>10</b> 10:00 Scenic Bus Ride (P) 1:30 Nail Salon (B) 3:00 TGIF Social (K) 3:30 Writing Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>11</b> 11:00 Saturday Trivia with Care Managers (LR) 2:00 Saturday Matinee Movie (LR) 3:00 Snack Social (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)
10:30 Exercise Essentials (AR) <b>12</b> 11:00 Memories and Reflections (AR) 11:15 Sunday Philadelphia Inquirer Current Events 11:30 Communion services (AR) 2:00 Singfit and Balloon Toss (LR) 3:00 Sunday Movie: (LR) 3:15 Sunday Snack Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>13</b> 10:00 Sweating To The Oldies (LR) 10:15 About The World Club (LR) 10:30 Rosary (AR) 1:00 Music with Linda (LR) 2:00 Creative Corner Club (A) 3:00 Chat and Chew (B) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>14</b> 10:00 Mass with St. Max (AR) 10:45 NewsCurrents (LR) 2:00 Sweets and Morsels Club with Jeff (K) 2:00 Bingo with Jeff (A) 3:00 Music and Share Our Baked Sweets Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>15</b> 10:00 Morning Stretches (LR) 10:00 Scenic Bus Ride (LR) 2:00 Matt McAfferty Sings (B) 3:00 Milk and Cookies Social 3:15 Meet Me At MOMA (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>16</b> 10:00 Thriller Thursday Exercises (LR) 10:30 Spa Hour (A) 2:00 EZ Trivia and Reminisce (H) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:00 Faith Filled Friday (LR) <b>17</b> 10:00 Scenic Bus Ride (P) 1:30 Nail Salon (B) 1:30 Bingo (A) 3:00 TGIF Social (K) 3:30 Writing Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>18</b> 11:00 Saturday Trivia with Care Managers (LR) 2:00 Saturday Matinee Movie (LR) 3:00 Snack Social (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)
10:00 Exercise Essentials (LR) <b>19</b> 11:30 Communion services (AR) 2:00 Scenic Bus Ride with Alaina (LR) 2:30 Go4Life® Walking Club (LR) 3:15 Sunday Snack Social (K) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>20</b> 10:00 Sweating To The Oldies (LR) 10:15 About The World Club (LR) 10:30 Rosary (AR) 1:00 Music with Linda (LR) 2:00 Creative Corner Club (A) 3:00 Chat and Chew (B) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>21</b> 10:00 Morning Stretches (LR) 10:30 Artistry Club w/Home Helpers (LR) 1:30 Sweets and Morsels Club with Lisa (K) 2:00 Bingo (A) 3:00 Music and Share Our Baked Sweets Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>22</b> 10:00 Morning Stretches (LR) 10:30 Manicures (A) 2:00 Starring Jow Kenney (B) 3:00 Milk and Cookies Social 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>23</b> 10:00 Thriller Thursday Exercises (LR) 10:30 Spa Hour (A) 2:00 EZ Trivia and Reminisce (H) 3:30 Write Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:00 Fun Filled Fridays (P) <b>24</b> 10:00 Exercise Essentials (LR) 1:30 Learning fwith Quisha (B) 3:00 TGIF Social (K) 3:30 Writing Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>25</b> 11:00 Music with Nancy (LR) 2:00 Saturday Matinee Movie (LR) 3:00 Snack Social (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)
10:00 Balloon Toss with Lisa (LR) <b>26</b> 10:30 Sunday Manicures (A) 11:30 Communion services (AR) 2:00 Chinese New Year Art Pages (A) 3:00 Sunday Snack Social (K) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>27</b> 10:00 Sweating To The Oldies (LR) 10:15 About The World Club (LR) 10:30 Rosary (AR) 1:00 Music with Linda (LR) 2:00 Creative Corner Club (A) 3:00 Chat and Chew (B) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>28</b> 10:00 Morning Stretches (LR) 10:30 Generosity Club: Thinking of You Cards for CHOP (A) 10:45 NewsCurrents (LR) 2:00 Chinese New Year Bingo (A) 2:00 Sweets and Morsels Club with Jeff (K) 3:00 Music and Share Our Baked Sweets Social (K) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>29</b> 10:00 Morning Stretches (LR) 10:45 Music with Jimmy (B) 1:30 Scenic Bus Ride (LR) 3:00 Milk and Cookies Social 3:15 Meet Me At MOMA/Chinese Art (LR) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:45 Morning & News Review (LR) <b>30</b> 10:00 Thriller Thursday Exercises (LR) 10:30 Spa Hour (A) 1:30 Nail Salon Trip (B) 2:00 Chinese New Year Social (H) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	9:00 Faith Filled Friday (LR) <b>31</b> 10:00 Scenic Bus Ride (P) 1:30 Nail Salon (B) 1:30 Bingo (A) 3:00 TGIF Social (K) 3:30 Writing Letters Home (A) 3:30 Go4Life® Walking Club (LR) 6:00 Evening Relaxation Circle (LR)	