

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
RAR Reminiscence Activity Rm RK Reminiscence Kitchen RLL Reminiscence Light Lounge RSL Reminiscence Sitting Lounge RTL Reminiscence TV Lounge			10:00 Exercise Essentials (RAR) 1 10:30 Manicures with Care Manager (RAR) 11:00 <i>MoBetter Music Hour (RAR)</i> 1:00 <i>Rosary Prayer Club (PC Activity Rm)</i> 2:00 Making Animal Art (RAR) 3:00 Beach Ball Talk (RAR) 3:30 <i>Tea and Crackers Social (RK)</i> 4:00 Youtunes (RAR)	10:00 Exercise Essentials (RAR) 2 11:00 Morning Meditation (RAR) 1:30 <i>Music Appreciation w/Buzzy (RAR)</i> 2:30 Guess That Tune (RSL) 3:30 <i>Tasty Cake Social (RK)</i> 4:00 Guided Imagery (RAR)	10:00 Exercise Essentials (RAR) 3 10:00 <i>Bible Study w/ Reverend Holoman (1st FL Library)</i> 11:00 Jigsaw Puzzle Club (RLL) 1:00 Mix & Match Mommy and Me (RAR) 2:00 Classic Afternoon TV (RSL) 3:30 <i>Cupcake Social</i>	10:00 Exercise Essentials (RAR) 4 11:00 Classic Show Saturday (RTL) 1:00 Bake Break (RK) 2:15 <i>Afternoon Social and Sing-A-Long w/Renee (RAR)</i> 3:30 <i>Coffee & Cookies Social (RK)</i>
10:00 Exercise Essentials (RAR) 5 10:30 Televised Sunday Mass (RTL) 1:00 Coloring Fun (RAR) 2:00 <i>Epiphany of Our Lord Church Communion (1st FL AR)</i> 3:30 <i>Delicious Treats Sunday Social</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 6 11:00 Morning Meditation (RAR) 1:00 Jigsaw Puzzle Club (RLL) 3:00 News Currents Sr. (RAR) 3:30 <i>Music & Cookie Social (RK)</i> 4:00 Photo Reminisce (RAR)	10:00 Exercise Essentials (RAR) 7 11:00 Card Games (RTL) 1:00 SingFit® (RAR) 3:00 Write Home Card Club/Community Outreach Activity (RAR) 3:30 <i>Yummy Cake Social (RK)</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 8 10:30 Manicures with Care Manager (RAR) 1:00 <i>Rosary Prayer Club (PC Activity Rm)</i> 2:00 Making Animal Art (RAR) 3:00 Beach Ball Talk (RAR) 3:30 <i>Tea and Crackers Social (RK)</i> 4:00 Youtunes (RAR)	10:00 Exercise Essentials (RAR) 9 11:00 Morning Meditation (RAR) 1:30 <i>Music Appreciation w/Buzzy (RAR)</i> 2:30 Guess That Tune (RSL) 3:30 <i>Tasty Cake Social (RK)</i> 4:00 Guided Imagery (RAR)	10:00 Exercise Essentials (RAR) 10 10:00 <i>Bible Study w/ Reverend Holoman (1st FL Library)</i> 11:00 Jigsaw Puzzle Club (RLL) 1:00 Mix & Match Mommy and Me (RAR) 2:00 Classic Afternoon TV (RSL) 3:30 <i>Cupcake Social</i>	10:00 Exercise Essentials (RAR) 11 11:00 Classic Show Saturday (RTL) 1:00 Bake Break (RK) 2:15 <i>Afternoon Social and Sing-A-Long w/Renee (RAR)</i> 3:30 <i>Coffee & Cookies Social (RK)</i>
10:00 Exercise Essentials (RAR) 12 10:30 Televised Sunday Mass (RTL) 1:00 Coloring Fun (RAR) 3:30 <i>Delicious Treats Sunday Social</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 13 11:00 Morning Meditation (RAR) 1:00 Jigsaw Puzzle Club (RLL) 3:00 News Currents Sr. (RAR) 3:30 <i>Music & Cookie Social (RK)</i> 4:00 Photo Reminisce (RAR)	10:00 Exercise Essentials (RAR) 14 11:00 Card Games (RTL) 1:00 SingFit® (RAR) 3:00 Write Home Card Club/Community Outreach Activity (RAR) 3:30 <i>Yummy Cake Social (RK)</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 15 10:30 Manicures with Care Manager (RAR) 1:00 <i>Rosary Prayer Club (PC Activity Rm)</i> 2:00 Making Animal Art (RAR) 3:00 Beach Ball Talk (RAR) 3:30 <i>Tea and Crackers Social (RK)</i> 4:00 Youtunes (RAR)	10:00 Exercise Essentials (RAR) 16 11:00 Morning Meditation (RAR) <i>1:00 Music Therapy w/Britney (RAR)</i> 2:30 Guess That Tune (RSL) 3:30 <i>Tasty Cake Social (RK)</i> 4:00 Guided Imagery (RAR)	10:00 Exercise Essentials (RAR) 17 10:00 <i>Bible Study w/ Reverend Holoman (1st FL Library)</i> 11:00 Jigsaw Puzzle Club (RLL) <i>1:00 Fitness w/ Carrie from BAYADA (RAR)</i> 2:00 Classic Afternoon TV (RSL) 3:30 <i>Cupcake Social</i>	10:00 Exercise Essentials (RAR) 18 11:00 Classic Show Saturday (RTL) 1:00 Bake Break (RK) 2:15 <i>Afternoon Social and Sing-A-Long w/Renee (RAR)</i> 3:30 <i>Coffee & Cookies Social (RK)</i>
10:00 Exercise Essentials (RAR) 19 10:30 Televised Sunday Mass (RTL) 1:00 Coloring Fun (RAR) 3:30 <i>Delicious Treats Sunday Social</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 20 11:00 Morning Meditation (RAR) 1:00 Jigsaw Puzzle Club (RLL) 2:00 <i>Epiphany of Our Lord Church Communion (1st FL AR)</i> 3:00 News Currents Sr. (RAR) 3:30 <i>Music & Cookie Social (RK)</i> 4:00 <i>Remembering Martin Luther King Jr. (RAR)</i>	10:00 Exercise Essentials (RAR) 21 11:00 Card Games (RTL) 1:00 SingFit® (RAR) <i>1:15 Music by Don Yost (1st FL Bistro)</i> 3:00 Write Home Card Club/Community Outreach Activity (RAR) 3:30 <i>Yummy Cake Social (RK)</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 22 10:30 Manicures with Care Manager (RAR) 1:00 <i>Rosary Prayer Club (PC Activity Rm)</i> 2:00 Making Animal Art (RAR) 3:00 Beach Ball Talk (RAR) 3:30 <i>Tea and Crackers Social (RK)</i> 4:00 Youtunes (RAR)	10:00 Exercise Essentials (RAR) 23 11:00 Morning Meditation (RAR) 1:30 Youtunes (RAR) 2:30 Guess That Tune (RSL) 3:30 <i>Tasty Cake Social (RK)</i> 4:00 Guided Imagery (RAR)	10:00 Exercise Essentials (RAR) 24 10:00 <i>Bible Study w/ Reverend Holoman (1st FL Library)</i> 11:00 Jigsaw Puzzle Club (RLL) 1:00 Mix & Match Mommy and Me (RAR) 2:00 Classic Afternoon TV (RSL) 3:30 <i>Cupcake Social</i>	10:00 Exercise Essentials (RAR) 25 11:00 Classic Show Saturday (RTL) 1:00 Bake Break (RK) 2:15 <i>Afternoon Social and Sing-A-Long w/Renee (RAR)</i> 3:30 <i>Coffee & Cookies Social (RK)</i>
10:00 Exercise Essentials (RAR) 26 10:30 Televised Sunday Mass (RTL) 1:00 Coloring Fun (RAR) 3:30 <i>Delicious Treats Sunday Social</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 27 11:00 Morning Meditation (RAR) 1:00 Jigsaw Puzzle Club (RLL) 3:00 News Currents Sr. (RAR) 3:30 <i>Music & Cookie Social (RK)</i> 4:00 Photo Reminisce (RAR)	10:00 Exercise Essentials (RAR) 28 11:00 Card Games (RTL) 1:00 SingFit® (RAR) <i>2:00 Tie Dye Fun (RAR)</i> 3:00 Write Home Card Club/Community Outreach Activity (RAR) 3:30 <i>Yummy Cake Social (RK)</i> 4:00 Reminisce Talk Time	10:00 Exercise Essentials (RAR) 29 10:30 Manicures with Care Manager (RAR) 1:00 <i>Rosary Prayer Club (PC Activity Rm)</i> 2:00 Making Animal Art (RAR) 3:00 Beach Ball Talk (RAR) 3:30 <i>Tea and Crackers Social (RK)</i> 4:00 Youtunes (RAR)	10:00 Exercise Essentials (RAR) 30 11:00 Morning Meditation (RAR) 1:30 <i>Music Appreciation w/Buzzy (RAR)</i> 2:30 Guess That Tune (RSL) 3:30 <i>Tasty Cake Social (RK)</i> 4:00 Guided Imagery (RAR)	10:00 Exercise Essentials (RAR) 31 10:00 <i>Bible Study w/ Reverend Holoman (1st FL Library)</i> 11:00 Jigsaw Puzzle Club (RLL) 1:00 Mix & Match Mommy and Me (RAR) 2:00 Classic Afternoon TV (RSL) 3:30 <i>Cupcake Social</i>	