

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3FL Reminiscence Activity Rm AR Activity Rm B Bistro DR Dining Rm FP Front Porch FSL Fire Side Lounge L Library			11:00 Soulful Hour (B) 1 1:00 Rosary Prayer Group (AR) 3:15 Bingo Club (B)	10:15 Exercise Essentials (B) 2 11:00 Food Committee (B) 1:15 Remember When? (FSL) 2:15 Music Appreciation Social w/Buzzy Walters (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Bible Study w/Reverend Holoman (L) 3 10:15 Exercise Essentials (B) 11:00 NewsCurrents Sr. (L) 1:15 Meet Me At MoMA (L) 2:30 Tea & Sweets Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 4 11:00 Wheel of Fortune (FSL) 1:15 Sing-A-Long w/Renee (B) 1:30 Guided Imagery (L) 2:30 Healthy Snacking Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)
10:00 Morning News CH 6 (FSL) 5 11:00 Card Games (L) 1:15 Afternoon Movie (L) 2:00 Epiphany of Our Lord Church Communion (AR) 3:15 Bingo Club (B)	10:15 Exercise Essentials (B) 6 11:00 Are You Smarter Than a 5th Grader (FSL) 1:15 Aroma Therapy (AR) 2:15 Art & Chat Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:30 Exercise Essentials (B) 7 10:30 Bible Study w/Sameh (AR) 11:00 Who Wants to Be a Millionaire (FSL) 1:15 Chair Yoga (AR) 2:15 Game Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 8 11:00 Jeopardy (FSL) 1:00 Rosary Prayer Group (AR) 1:30 Chair Yoga (AR) 2:30 Good Eats w/Chef & AVC Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Exercise Essentials (B) 9 11:00 Create a Word 1:15 Shopping Trip: Trader Joe's (FSL) 2:15 Music Appreciation Social w/Buzzy Walters (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Bible Study w/Reverend Holoman (L) 10 10:15 Exercise Essentials (B) 11:00 NewsCurrents Sr. (L) 1:15 Meet Me At MoMA (L) 2:30 Tea & Sweets Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 11 11:00 Wheel of Fortune (FSL) 1:15 Sing-A-Long w/Renee (B) 1:30 Guided Imagery (L) 2:30 Healthy Snacking Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)
10:00 Morning News CH 6 (FSL) 12 10:15 Flex & Stretch Sunday (B) 11:00 Card Games (L) 1:15 Afternoon Movie (L) 3:15 Bingo Club (B)	10:15 Exercise Essentials (B) 13 11:00 Brain Teasers (FSL) 1:15 Aroma Therapy (AR) 2:15 Art & Chat Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:30 Exercise Essentials (B) 14 11:00 Who Wants to Be a Millionaire (FSL) 1:15 Chair Yoga (AR) 2:15 Game Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 15 11:00 Resident Council (AR) 1:00 Rosary Prayer Group (AR) 1:30 Chair Yoga (AR) 2:30 Good Eats w/Chef & AVC Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Exercise Essentials (B) 16 11:00 Riddle Me This (FSL) 1:15 Remember When? (FSL) 2:00 Music Therapy w/Britney Social 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Bible Study w/Reverend Holoman (L) 17 10:15 Exercise Essentials (B) 11:00 NewsCurrents Sr. (L) 1:15 Meet Me At MoMA (L) 2:30 Tea & Sweets Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 18 11:00 Wheel of Fortune (FSL) 1:15 Sing-A-Long w/Renee (B) 1:30 Guided Imagery (L) 2:30 Healthy Snacking Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)
10:00 Morning News CH 6 (FSL) 19 11:00 Card Games (L) 1:15 Afternoon Movie (L) 3:15 Bingo Club (B)	10:15 Exercise Essentials (B) 20 11:00 Martin Luther King: Discussion and Slide Show (FSL) 1:15 Art & Chat Social (AR) 2:00 Epiphany of Our Lord Church Communion (AR) 2:15 Art & Chat Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 21 10:30 Bible Study w/Sameh (AR) 11:00 Ask Carrie w/BAYADA (FSL) 1:15 Music by Don Yost (B) 2:15 Game Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 22 11:00 Are You Smarter Than a 5th Grader (FSL) 1:00 Rosary Prayer Group (AR) 1:30 Chair Yoga (AR) 2:30 Good Eats w/Chef & AVC Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Exercise Essentials (B) 23 11:00 Create a Word 1:15 Remember When? (FSL) 2:00 Starting the New Year Creatively w/Abbi (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Bible Study w/Reverend Holoman (L) 24 10:15 Exercise Essentials (B) 11:00 NewsCurrents Sr. (L) 1:15 Meet Me At MoMA (L) 2:30 Tea & Sweets Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 25 11:00 Wheel of Fortune (FSL) 1:15 Sing-A-Long w/Renee (B) 1:30 Guided Imagery (L) 2:30 Birthday & New Resident Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)
10:00 Morning News CH 6 (FSL) 26 10:15 Flex & Stretch Sunday (B) 11:00 Card Games (L) 1:15 Afternoon Movie (L) 3:15 Bingo Club (B)	10:15 Exercise Essentials (B) 27 11:00 Brain Teasers (FSL) 1:15 Aroma Therapy (AR) 2:15 Art & Chat Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:30 Exercise Essentials (B) 28 11:00 Who Wants to Be a Millionaire (FSL) 1:15 Tie Dye Fun (AR) 2:15 Game Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:15 Exercise Essentials (B) 29 11:00 Jeopardy (FSL) 1:00 Rosary Prayer Group (AR) 1:30 Chair Yoga (AR) 2:30 Good Eats w/Chef & AVC Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	10:00 Exercise Essentials (B) 30 11:00 Riddle Me This (FSL) 1:15 Remember When? (FSL) 2:15 Music Appreciation Social w/Buzzy Walters (B) 3:00 Blue Bell Bucks Auction (FSL) 4:30 Afternoon Reflection (B)	10:00 Bible Study w/Reverend Holoman (L) 31 10:15 Exercise Essentials (B) 11:00 NewsCurrents Sr. (L) 1:15 Meet Me At MoMA (L) 2:30 Tea & Sweets Social (B) 3:15 Bingo Club (B) 4:30 Afternoon Reflection (B)	