

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
(1) 1st Floor (2) 2nd Floor (5) 5th Floor DR3 3rd Floor P2 2nd FL Patio			9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise!!! ((2)) 12:00 Picnic Lunch ((2)) 1:00 Resident Council ((5)) 1:00 Walking Club! ((1)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Top Ten! ((2)) 3:00 Whole Home Social: Music, Let's Dance!!! (DR3) 3:30 Literature Hour with CeCe (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise!!! ((2)) 12:00 Picnic Lunch ((2)) 1:00 Elvis Birthday Party ((2)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Drama Club with Sammy ((2)) 3:00 Whole Home Social: Music, Let's Dance!!! (DR3) 3:30 Literature Hour with CeCe (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise! ((2)) 1:00 Sing Fit! ((2)) 1:00 Walking Club! ((1)) 1:30 OUTING: Movie Time at the Century Theatre ((1)) 2:00 Art Appreciation ((2)) 3:00 Social: Trivia ((2)) 4:00 Crosswords ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Qigong Exercise with Dr. Steve ((2)) 1:30 Reflection Circles ((5)) 2:00 Music Appreciation ((5)) 3:00 Afternoon Social: Jeopardy ((5)) 4:00 Welcome Back Party ((2)) 6:00 Sunrise Cinema ((2)) 6:00 Friday Night Fun Night: Card & Games ((1))	9:00 CNN World News ((2)) 9:30 Beyond The Headlines ((2)) 10:30 Exercise Essentials ((2)) 1:00 Walking Club! ((1)) 1:30 Remembering the Year ((2)) 2:00 Games/Crosswords ((2)) 3:00 Social: Po-Ke-No with Marie ((5)) 6:00 Sunrise Cinema ((2))
9:00 CNN World News ((2)) 9:30 Meet The Press with George ((2)) 10:00 News and Views ((2)) 10:30 Improv Club ((1)) 11:00 Exercise Essentials ((2)) 1:00 Walking Club! ((1)) 1:00 We love Nature Shows! ((2)) 2:00 Active Games ((2)) 3:00 Social: Jeopardy ((2)) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Chair Yoga! ((2)) 11:00 Catholic Service ((1)) 1:00 Walking Club! ((1)) 1:30 Ellie's Art Class ((5)) 2:00 Singfit! ((5)) 3:00 Social: Trivia ((2)) 3:30 The History Club ((5)) 4:00 Brain Games ((5)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Exercise Essentials! ((2)) 1:00 Walking Club! ((1)) 1:30 Cooking Demonstration ((2)) 2:30 Classical Music Appreciation ((2)) 3:00 Wheel of Fortune ((2)) 4:00 Trivia! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise!!! ((2)) 12:00 Picnic Lunch ((2)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Drama Club with Sammy! ((2)) 3:00 Whole Home Social: Music, Let's Dance!!! (DR3) 3:30 Literature Hour with CeCe (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise! ((2)) 1:00 Sing Fit! ((2)) 2:00 Art Appreciation ((2)) 3:00 Social: Trivia ((2)) 4:00 Crosswords ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Qigong Exercise with Dr. Steve ((2)) 11:30 Friday Flashback ((2)) 1:30 Reflection Circles ((5)) 2:00 Music Appreciation ((5)) 3:00 Afternoon Social: Jeopardy ((5)) 6:00 Sunrise Cinema ((2)) 6:00 Friday Night Fun Night: Card & Games ((1))	9:00 CNN World News ((2)) 9:30 Beyond The Headlines ((2)) 10:30 Exercise Essentials ((2)) 11:15 Meditation 1:00 Exercise with Pariya and Maya ((2)) 2:00 Crosswords ((2)) 3:00 Social: Games! ((5)) 4:00 Music! Join The Chorus! ((5)) 6:00 Sunrise Cinema ((2))	
9:00 CNN World News ((2)) 9:30 Meet The Press with George ((2)) 10:00 News and Views ((2)) 10:30 Improv Club ((1)) 11:00 Exercise Essentials ((2)) 1:00 We love Nature Shows! ((2)) 2:00 Active Games ((2)) 3:00 Social: Jeopardy ((2)) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Chair Yoga! ((2)) 11:00 Catholic Service ((1)) 1:30 Ellie's Art Class ((5)) 2:00 Singfit! ((2)) 3:00 Social: Trivia ((2)) 3:30 The History Club ((2)) 4:00 Brain Games ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Exercise Essentials! ((2)) 1:30 Cooking Demonstration ((2)) 1:50 Sweet Readers ((5)) 2:30 Classical Music Appreciation ((2)) 3:00 Social: Wheel of Fortune ((2)) 4:00 Trivia! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise!!! ((2)) 12:00 Picnic Lunch ((2)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Drama Club with Sammy! ((2)) 3:00 Whole Home Social: Music, Let's Dance!!! (DR3) 3:30 Literature Hour with CeCe (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise! ((2)) 1:30 Loving that Music (DR3) 3:00 Social: Trivia ((2)) 4:00 Crosswords ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Qigong Exercise with Dr. Steve ((2)) 11:30 Friday Flashback ((2)) 1:00 Round Table Scrabble ((2)) 1:30 Reflection Circles ((2)) 2:30 Music! Live In Concert ((2)) 3:00 Afternoon Social: Music ((2)) 4:00 Jeopardy! ((2)) 6:00 Sunrise Cinema ((2)) 6:00 Friday Night Fun Night: Card & Games ((1))	9:00 CNN World News ((2)) 9:30 Beyond The Headlines ((2)) 10:30 Ask the Millennial! ((2)) 11:15 Meditation 1:00 Exercise with Pariya! ((2)) 1:00 Round Table Scrabble ((2)) 2:00 Poetry Club ((2)) 3:00 Social: Games! ((2)) 4:00 Music! Join The Chorus! ((5)) 6:00 Sunrise Cinema ((2))	
9:00 CNN World News ((2)) 9:30 Meet The Press with George ((2)) 10:00 News and Views ((2)) 10:30 Improv Club ((1)) 11:00 Exercise Essentials ((2)) 1:00 We love Nature Shows! ((2)) 1:00 Round Table Domino's ((2)) 2:00 Active Games ((2)) 3:00 Social: Crosswords ((2)) 4:00 Jeopardy! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Chair Yoga! ((2)) 11:00 Catholic Service ((1)) 1:30 Ellie's Art Class ((5)) 1:30 Health Lecture with Molly ((2)) 2:00 Singfit!: Songs of Civil Rights ((2)) 3:00 Social: Trivia ((2)) 3:30 The History Club: Martin Luther King, JR and Chicago ((2)) 4:00 Brain Games ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 Drumming Circle ((2)) 10:30 Exercise Essentials! ((2)) 10:30 Round Table Puzzles ((2)) 1:30 Cooking Demonstration ((2)) 1:50 Sweet Readers ((5)) 2:30 Classical Music Appreciation ((2)) 3:00 Social: Wheel of Fortune ((2)) 4:00 Trivia! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise!!! ((2)) 10:30 Round Table Puzzles ((2)) 12:00 Picnic Lunch ((2)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Top Ten ((2)) 3:00 Whole Home Social: Music, Let's Dance!!! (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise! ((2)) 10:30 Round Table Puzzles ((2)) 11:00 Rosary Club with Rica ((2)) 1:00 Sing Fit! ((2)) 2:00 Art Appreciation ((2)) 3:00 Social: Trivia ((2)) 4:00 Crosswords ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Qigong Exercise with Dr. Steve ((2)) 11:30 Friday Flashback ((2)) 1:00 Round Table Scrabble ((2)) 1:30 Reflection Circles ((2)) 2:30 Music! Live In Concert ((2)) 3:00 Afternoon Social: Music ((2)) 4:00 Jeopardy! ((2)) 6:00 Sunrise Cinema ((2)) 6:00 Friday Night Fun Night: Card & Games ((1))	9:00 CNN World News ((2)) 9:30 Beyond The Headlines ((2)) 10:30 Ask the Millennial! ((2)) 11:15 Meditation 1:00 Exercise with Pariya! ((2)) 1:00 Round Table Scrabble ((2)) 1:30 Fun and Games with the Rugby Team ((2)) 3:00 Social: Games! ((2)) 4:00 Music! Join The Chorus! ((5)) 6:00 Sunrise Cinema ((2))	
9:00 CNN World News ((2)) 9:30 OUTING: Scenic Drive ((1)) 9:30 Meet The Press with George ((2)) 10:00 News and Views ((2)) 11:00 Exercise Essentials ((2)) 1:00 We love Nature Shows! ((2)) 1:00 Round Table Domino's ((2)) 2:00 Active Games ((2)) 3:00 Social: Crosswords ((2)) 4:00 Jeopardy! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:00 Trader Joe's "Bouquets of Love" ((2)) 10:30 Chair Yoga! ((2)) 11:00 Catholic Service ((1)) 1:00 St. Andrew's 2nd Graders ((2)) 1:00 Round Table Domino's ((2)) 1:30 Ellie's Art Class ((5)) 2:00 Singfit! ((2)) 3:00 Social: Trivia ((2)) 3:30 The History Club ((2)) 4:00 Brain Games ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Exercise Essentials! ((2)) 10:30 Round Table Puzzles ((2)) 1:30 Cooking Demonstration ((2)) 1:50 Sweet Readers ((5)) 2:30 Classical Music Appreciation ((2)) 3:00 Social: Wheel of Fortune ((2)) 4:00 Trivia! ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Exercise! ((2)) 10:30 Round Table Puzzles ((2)) 12:00 Picnic Lunch ((2)) 1:30 OUTING: Let's Go To Target!! ((1)) 2:00 Top Ten! ((2)) 3:00 Whole Home Social: Live Music by Max (DR3) 4:00 Trivia and More ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Let's Exercise! ((2)) 10:30 Round Table Puzzles ((2)) 12:15 Lunch With The Gals ((1)) 1:00 Sing Fit! ((2)) 1:30 Art Class with Val! ((2)) 2:00 News Currents ((2)) 3:00 Social: Art Appreciation ((2)) 3:30 Jeopardy ((2)) 6:00 Sunrise Cinema ((2))	9:00 CNN World News ((2)) 9:30 News and Views ((2)) 10:30 Qigong Exercise with Dr. Steve ((2)) 11:30 Friday Flashback ((2)) 1:00 Round Table Scrabble ((2)) 1:30 Reflection Circles ((2)) 2:30 Music! Live in Concert: Miss Peggy Lee ((2)) 3:00 Afternoon Social: Music ((2)) 4:00 Jeopardy! ((2)) 6:00 Sunrise Cinema ((2)) 6:00 Friday Night Fun Night: Card & Games ((1))		

JANUARY 2020
Live with Fulfillment
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LIVE WITH PURPOSE

