

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BC Back Courtyard DR Dinning Room L Front Lobby PA Piano Area TR TV Room			9:30 Exercise Essentials (DR) 1 10:00 News and Current Events (DR) 10:30 Bingo (DR) 1:30 Bowling (DR) 2:00 Baking w/ Bill (DR) 3:00 Afternoon Social 3:30 Solitare Club (DR) 4:00 Go4Life® Walking Club 6:15 Popcorn Movie Night (TR)	9:30 Exercise Essentials (DR) 2 10:00 News and Current Events (DR) 10:30 Flower Arranging (DR) 1:30 Kickball to Music (DR) 2:00 Jigsaw Puzzle (DR) 3:00 Afternoon Social 3:30 SingFit® (DR) 4:00 Go4Life® Walking Club 6:15 Hollywood Movie (TR) 6:15 Relaxing Meditation (DR)	9:30 Exercise Essentials (DR) 3 10:00 News and Current Events (DR) 10:00 Scenic Ride (DR) 10:30 Short Stories (DR) 11:00 St. Isidore's Catholic Communion Service (PR) 1:30 Balloons Toss (DR) 3:00 Afternoon Social 3:30 Manicure and relaxation (DR) 4:00 Go4Life® Walking Club 6:00 Puzzle Fun 6:15 Friday Flick (TR)	9:30 Exercise Essentials (DR) 4 10:00 News and Current Events (DR) 10:30 Jigsaw Puzzle (DR) 11:00 Thinking out loud Trivia fun (DR) 1:30 Balloon Volleyball (DR) 3:00 Afternoon Social 3:30 Bingo (DR) 4:00 Go4Life® Walking Club 6:15 Saturday Blockbuster (TR) 6:15 Relaxing Meditation (DR)
9:30 Exercise Essentials (DR) 5 10:00 News and Current Events (DR) 10:30 Reminiscing Hour (DR) 1:30 Balloons Toss (DR) 2:00 Baking w/ Bill (DR) 3:00 Afternoon Social 3:30 SingFit® (DR) 4:00 Go4Life® Walking Club (DR) 6:15 Sunrise Sunday Cinema (TR)	9:30 Exercise Essentials (DR) 6 10:00 News and Current Events (DR) 10:30 Water Painting (DR) 1:30 Kickball to Music (DR) 2:00 Bingo (DR) 3:00 Afternoon Social 4:00 Go4Life® Walking Club (DR) 6:15 Classic Movie Night (TR) 6:15 Relaxing Meditation	9:30 Exercise Essentials (DR) 7 10:00 News and Current Events (DR) 10:30 Community Project (DR) 1:30 Parachute Group Exercise (DR) 2:00 Puzzle Skills (DR) 3:00 Afternoon Social 3:30 SingFit® (DR) 4:00 Go4Life® Walking Club (DR) 6:15 Hand Therapy (DR) 6:15 Tuesday Movie Night (TR)	9:30 Exercise Essentials (DR) 8 10:00 News and Current Events (DR) 10:30 Bingo (DR) 1:30 Bowling (DR) 2:00 Baking w/ Bill (DR) 3:00 Music w/ Hank (DR) 4:00 Go4Life® Walking Club (DR) 6:15 Popcorn Movie Night (TR)	9:30 Exercise Essentials (DR) 9 10:00 News and Current Events (DR) 10:30 Flower Arranging (DR) 1:30 Kickball to Music (DR) 2:00 Jigsaw Puzzle (DR) 3:00 Afternoon Social 3:30 SingFit® (DR) 4:00 Go4Life® Walking Club (DR) 6:15 Hollywood Movie (TR) 6:15 Relaxing Meditation (DR)	9:30 Exercise Essentials (DR) 10 10:00 News and Current Events (DR) 10:00 Scenic Ride (DR) 10:30 Short Stories (DR) 11:00 St. Isidore's Catholic Communion Service (PR) 1:30 Balloon Toss (DR) 3:00 Afternoon Social 3:30 Manicure and relaxation (DR) 4:00 Go4Life® Walking Club (DR) 6:00 Puzzle Fun 6:15 Friday Flick (TR)	9:30 Exercise Essentials (DR) 11 10:00 News and Current Events (DR) 10:30 Jigsaw Puzzle (DR) 11:00 Thinking out loud Trivia fun (DR) 1:30 Balloon Volleyball (DR) 3:00 Afternoon Social 3:30 Bingo (DR) 4:00 Go4Life® Walking Club (DR) 6:15 Saturday Blockbuster (TR) 6:15 Relaxing Meditation (DR)
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