

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room B Bistro BC Back L Courtyard L Lobby PR Pool Table Room UPT Upstairs Poker Table			9:30 Exercise Essentials (AR) <b>1</b> 10:00 Morning News (AR) 10:30 Documentary (AR) 11:00 Catholic Rosary Service (PR) 1:30 Go4Life® Walking Club (L) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>2</b> 10:00 Armchair Travel (AR) 11:30 Go4Life® Walking Club (L) <b>2:00 Music w/ Steve (B)</b> 4:00 Short Stories (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>3</b> 10:00 Morning News (AR) 10:30 Discover the iPad (AR) <b>11:00 Catholic Communion Service (PR)</b> 11:30 Go4Life® Walking Club (L) 1:30 Afternoon Movie (AR) <b>1:30 Scenic Drive (L)</b> 3:00 Wine & Cheese Social (B) 4:00 Technology Presentation (AR) 6:00 Bingo (AR) 6:15 Evening Hydration (B)	9:30 Band Exercise (AR) <b>4</b> 10:00 Daily Dose of Laughter (AR) <b>10:00 Scenic Ride (L)</b> 10:30 News Currents Sr. (AR) 11:00 Meet Me at MOMA (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Piano w/ Lauren (B)</b> <b>1:30 Afternoon Scenic Ride (L)</b> 3:00 Tea Time Social (B) 6:00 Meditation (PR) 6:15 Evening Hydration (B)
9:30 Donuts & Morning News (B) <b>5</b> 10:00 Exercise Essentials (AR) 10:30 Word Games (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Popcorn & Soda Social (B) 6:15 Classic Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Morning News (AR) <b>6</b> 10:00 Exercise Essentials (AR) 10:30 Inspirational Quotes (AR) 10:30 Finish the Phrase (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Hot Chocolate Social (AR) 6:15 Musical Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>7</b> 10:00 Morning News (AR) 10:30 Blackjack Club (AR) 11:30 Go4Life® Walking Club (L) 1:30 Community Project (AR) 3:00 Afternoon Social (B) 3:30 Arts & Crafts (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>8</b> <b>10:00 Name that Tune w/ Vicki (AR)</b> 11:00 Catholic Rosary Service (PR) 1:30 Go4Life® Walking Club (L) <b>2:00 Music w/ Yakov (B)</b> <b>3:15 Sing-A-Long w/ Arlene and friends (B)</b> 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>9</b> 10:00 Armchair Travel (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Sing-A-Long w/ Judi (B)</b> 3:00 Cookie Social (AR) <b>4:00 Resident Council Meeting (AR)</b> 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>10</b> 10:00 Morning News (AR) 10:30 Discover the iPad (AR) <b>11:00 Catholic Communion Service (PR)</b> 11:00 Lunch Outing (L) 11:30 Go4Life® Walking Club (L) 1:30 Afternoon Movie (AR) <b>1:30 Scenic Drive (L)</b> 3:00 Wine & Cheese Social (B) 4:00 Technology Presentation (AR) 6:00 Bingo (AR) 6:15 Evening Hydration (B)	9:30 Band Exercise (AR) <b>11</b> 10:00 Daily Dose of Laughter (AR) <b>10:00 Scenic Ride (L)</b> 10:30 News Currents Sr. (AR) 11:00 Painting Class (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Piano w/ Lauren (B)</b> <b>1:30 Afternoon Scenic Ride (L)</b> 3:00 Tea Time Social (B) 6:00 Meditation (PR) 6:15 Evening Hydration (B)
9:30 Donuts & Morning News (B) <b>12</b> 10:00 Exercise Essentials (AR) 10:30 Word Games (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) <b>3:30 Presbyterian Church Service (B)</b> 3:30 Popcorn & Soda Social (B) 6:15 Classic Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Morning News (AR) <b>13</b> 10:00 Exercise Essentials (AR) 10:30 Inspirational Quotes (AR) 10:30 Finish the Phrase (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) <b>3:30 Molin With Yakov (B)</b> 3:30 Hot Chocolate Social (AR) 6:15 Musical Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>14</b> 10:00 Morning News (AR) <b>10:30 Name That Tune (AR)</b> 10:30 Blackjack Club (AR) 11:30 Go4Life® Walking Club (L) 1:30 Community Project (AR) 3:00 Afternoon Social (B) 3:30 Arts & Crafts (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>15</b> 10:00 Morning News (AR) 10:30 Documentary (AR) 11:00 Catholic Rosary Service (PR) 1:30 Go4Life® Walking Club (L) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>16</b> 10:00 Armchair Travel (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Meeting w/ Dining Room Service (AR)</b> 3:00 Cookie Social (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>17</b> 10:00 Morning News (AR) 10:30 Discover the iPad (AR) <b>11:00 Catholic Communion Service (PR)</b> 11:30 Go4Life® Walking Club (L) 1:30 Afternoon Movie (AR) <b>1:30 Scenic Drive (L)</b> 3:00 Wine & Cheese Social (B) 4:00 Technology Presentation (AR) 6:00 Bingo (AR) 6:15 Evening Hydration (B)	9:30 Band Exercise (AR) <b>18</b> 10:00 Daily Dose of Laughter (AR) <b>10:00 Scenic Ride (L)</b> 10:30 News Currents Sr. (AR) 11:00 Meet Me at MOMA (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Piano w/ Lauren (B)</b> <b>1:30 Afternoon Scenic Ride (L)</b> <b>3:00 Sunshine Singer (B)</b> 6:00 Meditation (PR) 6:15 Evening Hydration (B)
9:30 Donuts & Morning News (B) <b>19</b> 10:00 Exercise Essentials (AR) 10:30 Word Games (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Popcorn & Soda Social (B) 6:15 Classic Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Morning News (AR) <b>20</b> 10:00 Exercise Essentials (AR) 10:30 Inspirational Quotes (AR) 10:30 Finish the Phrase (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Hot Chocolate Social (AR) 6:15 Musical Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>21</b> 10:00 Morning News (AR) 10:30 Blackjack Club (AR) 11:30 Go4Life® Walking Club (L) 1:30 Community Project (AR) 3:00 Afternoon Social (B) 3:30 Arts & Crafts (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>22</b> 10:00 Morning News (AR) 10:30 Documentary (AR) 11:00 Catholic Rosary Service (PR) <b>1:00 Piano History with Karen</b> 1:30 Go4Life® Walking Club (L) 3:15 Sing-A-Long w/ Arlene and friends (B) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>23</b> 10:00 Armchair Travel (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Sing-A-Long w/ Judi (B)</b> 3:00 Cookie Social (AR) <b>4:00 Men Club (AR)</b> 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>24</b> 10:00 Morning News (AR) 10:30 Discover the iPad (AR) <b>11:00 Catholic Communion Service (PR)</b> <b>11:00 Lunch Outing (L)</b> 11:30 Go4Life® Walking Club (L) 1:30 Afternoon Movie (AR) <b>1:30 Scenic Drive (L)</b> 3:00 Wine & Cheese Social (B) 4:00 Technology Presentation (AR) 6:00 Bingo (AR) 6:15 Evening Hydration (B)	9:30 Band Exercise (AR) <b>25</b> 10:00 Daily Dose of Laughter (AR) <b>10:00 Scenic Ride (L)</b> 10:30 News Currents Sr. (AR) 11:00 Painting Class (AR) 11:30 Go4Life® Walking Club (L) <b>1:30 Piano w/ Lauren (B)</b> <b>1:30 Afternoon Scenic Ride (L)</b> 3:00 Tea Time Social (B) 6:00 Meditation (PR) 6:15 Evening Hydration (B)
9:30 Donuts & Morning News (B) <b>26</b> 10:00 Exercise Essentials (AR) 10:30 Word Games (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Popcorn & Soda Social (B) 6:15 Classic Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Morning News (AR) <b>27</b> 10:00 Exercise Essentials (AR) 10:30 Inspirational Quotes (AR) 10:30 Finish the Phrase (AR) 11:30 Go4Life® Walking Club (L) 1:30 Bingo (AR) 3:30 Hot Chocolate Social (AR) 6:15 Musical Movie Night (AR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>28</b> 10:00 Morning News (AR) 10:30 Blackjack Club (AR) 11:30 Go4Life® Walking Club (L) 1:30 Community Project (AR) 3:00 Afternoon Social (B) 3:30 Arts & Crafts (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>29</b> 10:00 Morning News (AR) 10:30 Documentary (AR) 11:00 Catholic Rosary Service (PR) 1:30 Go4Life® Walking Club (L) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>30</b> 10:00 Armchair Travel (AR) 11:30 Go4Life® Walking Club (L) 1:30 Cooking Club (AR) 3:00 Cookie Social (AR) 6:00 Meditation (PR) 6:15 Evening Hydration (B)	9:30 Exercise Essentials (AR) <b>31</b> 10:00 Morning News (AR) 10:30 Discover the iPad (AR) <b>11:00 Catholic Communion Service (PR)</b> 11:30 Go4Life® Walking Club (L) 1:30 Afternoon Movie (AR) <b>1:30 Scenic Drive (L)</b> 3:00 Wine & Cheese Social (B) 4:00 Technology Presentation (AR) 6:00 Bingo (AR) 6:15 Evening Hydration (B)	