

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1B 1st Floor Bistro 2B 2nd Floor Bistro 3SB 3rd Floor Shuffleboard 3SR 3rd Floor Sitting Room AR Activity Room CY 2nd Floor Courtyard LB Library PDR Private Dining Room RW Reminiscence West			10:30 Penny Ante (AR) 1 1:00 Fresh Flower Arranging with Lauren (2B) 1:30 GO4Life Exercise Stations/Walking Club (CY) 2:00 Exercise Essentials Putty 3:00 Bingo & Hot Cocoa Social! (AR) 6:00 Game Hour with Lauren (AR)	10:00 Exercise Essentials-Gentle Movements with Asha 2 10:30 Inspirational Readings with Asha (AR) 11:00 Outing to Chili's for Lunch 1:00 SingFit® with Leeann (AR) 1:30 News Currents Sr. (2B) 2:00 Book Club with Leeann (AR) 3:00 Live Music with Zeke Social (Dining Room) 6:00 Bingo Resident Led (2B) 6:00 Gratitude Meditation (1B)	Happy Birthday James S. 3 9:30 Exercise Essentials-Weights and Bands with Leeann (AR) 10:00 Inspirational Christian Speaker (TV) (AR) 1:00 Friday Movie Feature 'The Sound of Music' (AR) 1:00 Shopping Shuttle to Walmart 1:15 Shabbat Jewish Services (June) (PDR) 2:00 Acrylic Painting Class with June! (2B) 3:00 TGIF Social (AR) 6:00 Bingo with June	10:00 Bingo with Jessie! (2B) 4 10:30 Go4Life® Walking Club with Music 11:00 Cranium Crunches (AR) 1:15 SingFit® (AR) 1:45 Volleyball (AR) 3:00 Wine and Cheese Social with Trivia (AR) 6:00 Movie Feature 'Meet the Fockers' (AR)
10:00 Friendship Baptist Church Service (AR) 5 10:30 Catholic Communion with St. Raphael Church (PDR) 11:00 GO4Life Walk and Water Refresh Flowers Volunteers Needed! (2B) 1:15 Bands and Weights (AR) 1:45 SingFit® (AR) 3:00 Hot Apple Cider with Music and Trivia (AR) 6:00 Bingo with Marshall!	9:30 Homemade Crafts with Barb (2B) 6 9:30 Bible Study with Dr. Johnson 10:00 GO4Life Walking Club (AR) 1:00 Wii Bowling with Leeann (AR) 2:00 YouTube Bloopers! (AR) 3:00 Bingo Social!! (AR) 6:00 Game Hour with June (2B) 6:30 Music with Friendship Baptist (AR)	9:30 Scavenger Hunt Walking Club 7 10:00 You be the Judge Discussion Group (AR) 12:45 Bake Club with Lauren (2B) 1:00 Exercise Essentials Foam (AR) 2:00 Bible Study with Leeann (AR) 3:00 Giant Crossword Puzzle Social (AR) 6:00 Bingo Resident Led (AR)	10:00 Bible Study (AR) 8 1:00 Fresh Flower Arranging with Leeann (2B) 1:30 GO4Life Exercise Stations/Walking Club (CY) 2:00 Exercise Essentials Putty 3:00 Bingo & Hot Cocoa Social! (AR) 6:00 Meditation Through Coloring Resident Led (AR) 6:00 Mindfulness Meditation (1B)	10:00 Exercise Essentials-Gentle Movements with Asha 9 10:30 Inspirational Readings with Asha (AR) 1:00 SingFit® with Leeann (AR) 1:30 News Currents Sr. (2B) 3:00 Birthday Party with Paul B. (Dining Room) 6:00 Extreme Bingo with June! (2B) 6:00 Gratitude Meditation (1B)	9:30 Exercise Essentials-Weights and Bands with Leeann (AR) 10 10:00 Inspirational Christian Speaker (TV) (AR) 1:00 Friday Movie Feature '2012' (AR) 1:00 Shopping Shuttle to Harris Teeter 2:00 Acrylic Painting Class with June! (2B) 3:00 TGIF Social (AR) 6:00 Bingo with June	Happy Birthday Angela L. 11 10:00 Bingo with Jessie! (2B) 10:30 Go4Life® Walking Club with Music 11:00 Cranium Crunches (AR) 1:15 SingFit® (AR) 1:45 Volleyball (AR) 3:00 Wine and Cheese Social with Trivia (AR) 6:00 Movie Feature 'My Big Fat Greek Wedding' (AR)
10:00 Friendship Baptist Church Service (AR) 12 10:30 Catholic Communion with St. Raphael Church (PDR) 11:00 Go 4 Life Walk and Water Refresh Flowers Volunteers Needed! (2B) 1:30 MIMA Discussion with FRESH BAKED GOODIES (2B) 2:15 Volleyball! (AR) 3:00 Hot Apple Cider with Music and Trivia (AR) 6:00 Bingo with Marshall!	9:30 Homemade Crafts with Barb (2B) 13 10:00 Inspirational Christian Speaker (AR) 10:00 GO4Life Walking Club (AR) 1:00 Wii Bowling with Leeann (AR) 2:00 YouTube Bloopers! (AR) 3:00 Bingo Social!! (AR) 6:00 Meditation Through Coloring with June (2B)	9:30 Scavenger Hunt Walking Club 14 10:00 You be the Judge Discussion Group (AR) 12:45 Bake Club with Lauren (2B) 1:00 Exercise Essentials Foam (AR) 2:00 Bible Study with Leeann (AR) 3:00 Giant Crossword Puzzle Social (AR) 6:00 Bingo with June (AR)	Happy Birthday Jessie F. 15 10:00 Bible Study (AR) 1:00 Fresh Flower Arranging with Leeann (2B) 1:30 GO4Life Exercise Stations/Walking Club (CY) 2:00 Resident Council and Food Committee (AR) 2:00 Exercise Essentials Putty 3:00 Bingo & Hot Cocoa Social! (AR) 6:00 Game Hour with June! (AR) 6:00 Mindfulness Meditation (1B)	10:00 Exercise Essentials-Gentle Movements with Asha 16 10:30 Inspirational Readings with Asha (AR) 1:00 SingFit® with Leeann (AR) 1:30 News Currents Sr. (2B) 3:00 Live Music with Zeke Social (Dining Room) 4:00 Book Club with Leeann (AR) 6:00 Extreme Bingo with June! (2B) 6:00 Gratitude Meditation (1B)	9:30 Exercise Essentials-Weights and Bands with Leeann (AR) 17 10:00 Bible Study with Dr. Johnson 1:00 Friday Movie Feature 'Footloose' (AR) 2:00 Acrylic Painting Class with June! (2B) 3:00 TGIF Social (AR) 6:00 Bingo with June	10:00 Bingo with Jessie! (2B) 18 10:30 Go4Life® Walking Club with Music 11:00 Cranium Crunches (AR) 1:15 SingFit® (AR) 1:45 Volleyball (AR) 3:00 Wine and Cheese Social with Trivia (AR) 6:00 Movie Feature 'RV' (AR)
Happy Birthday Faye G. 19 10:00 Friendship Baptist Church Service (AR) 10:30 Catholic Communion with St. Raphael Church (PDR) 11:00 Go 4 Life Walk and Water Refresh Flowers Volunteers Needed! (2B) 1:15 Bands and Weights (AR) 1:45 SingFit® (AR) 3:00 Hot Apple Cider Social with Trivia (AR) 6:00 Bingo with Marshall!	9:30 Homemade Crafts with Barb (2B) 20 10:00 Inspirational Christian Speaker 10:00 GO4Life Walking Club (AR) 1:00 Wii Bowling with Leeann (AR) 2:00 YouTube Bloopers! (AR) 3:00 Bingo Social!! (AR) 6:00 Meditation Through Coloring Resident Led (2B)	Happy Birthday Carolyn T. 21 9:30 Scavenger Hunt Walking Club 10:00 You be the Judge Discussion Group (AR) 12:45 Bake Club with Lauren (2B) 1:00 Exercise Essentials Foam (AR) 2:00 Bible Study with Leeann (AR) 3:00 Giant Crossword Puzzle Social (AR) 6:00 Bingo Resident Led (AR)	Happy Birthday Emily D. 22 10:00 Bible Study (AR) 1:00 Fresh Flower Arranging with Leeann (2B) 1:30 GO4Life Exercise Stations/Walking Club (CY) 2:00 Exercise Essentials Putty 3:00 Bingo & Hot Cocoa Social! (AR) 6:00 Game Hour with June! (AR) 6:00 Mindfulness Meditation (1B)	Happy Birthday Jane T. Movie Outing Time TBD 23 10:00 Donation Trip to Saving Grace 10:00 Exercise Essentials- Gentle Movements with Asha 10:30 Inspirational Readings with Asha (AR) 1:00 SingFit® with Leeann (AR) 1:30 News Currents Sr. (2B) 3:00 Chinese New Year Cooking with Rick Social 6:00 Extreme Bingo with June! (2B) 6:00 Gratitude Meditation (1B)	9:30 Exercise Essentials-Weights and Bands with Leeann (AR) 24 10:00 Bible Study with Dr. Johnson (AR) 1:00 Friday Movie Feature 'Meet the Parents' (AR) 1:00 Shopping Shuttle to Harris Teeter 1:30 GO4Life Walking Club 2:00 Acrylic Painting Class with June! (2B) 3:00 Sunny Buck Action Social (AR) 6:00 Bingo with June	10:00 Bingo with Shiloh! (2B) 25 10:30 Go4Life® Walking Club with Music 11:00 Cranium Crunches (AR) 1:15 SingFit® (AR) 1:45 Volleyball (AR) 3:00 Wine and Cheese Social with Trivia (AR) 6:00 Movie Feature 'Overboard' (AR)
10:00 Friendship Baptist Church Service (AR) 26 10:30 Catholic Communion with St. Raphael Church (PDR) 11:00 Go 4 Life Walk and Water Refresh Flowers Volunteers Needed! (2B) 1:30 MIMA Discussion with FRESH BAKED GOODIES (2B) 2:00 Volley Ball with Nelson Family (AR) 3:00 Hot Apple Cider with Music by Barbara Snead (AR) 6:00 Bingo with Marshall!	9:30 Homemade Crafts with Barb (2B) 27 10:00 Inspirational Christian Speaker 10:00 GO4Life Walking Club (AR) 1:00 Wii Bowling with Lauren (AR) 2:00 YouTube Bloopers! (AR) 3:00 Bingo Social!! (AR) 6:00 Meditation Through Coloring with June (2B)	9:30 Scavenger Hunt Walking Club 28 10:00 You be the Judge Discussion Group (AR) 12:45 Bake Club with Lauren (2B) 1:00 Exercise Essentials Foam (AR) 2:00 Inspirations Christian Speaker (AR) 3:00 Giant Crossword Puzzle Social (AR) 6:00 Bingo with June (AR)	10:00 Bible Study (AR) 29 1:00 Fresh Flower Arranging with Leeann (2B) 1:30 GO4Life Exercise Stations/Walking Club (CY) 2:00 Exercise Essentials Putty 3:00 Bingo & Hot Cocoa Social! (AR) 6:00 Game Hour with June! (AR) 6:00 Mindfulness Meditation (1B)	10:00 Exercise Essentials-Gentle Movements with Asha 30 10:30 Scenic Drive 10:30 Inspirational Readings with Asha (AR) 1:00 SingFit® with Leeann (AR) 1:30 News Currents Sr. (2B) 3:00 My 2 Cents Social (AR) 6:00 Extreme Bingo with June! (2B) 6:00 Gratitude Meditation (1B)	Happy Birthday Hugh A. 31 9:30 Exercise Essentials-Weights and Bands with Leeann (AR) 10:00 Bible Study with Dr. Johnson 1:00 Friday Movie Feature 'Gigi' (AR) 1:00 Shopping Shuttle to Walmart 1:30 GO4Life Walking Club (AR) 2:00 Acrylic Painting Class with June! (2B) 3:00 TGIF Social (AR) 6:00 Bingo with June	