

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Exercise Essentials <b>1</b> 11:00 New Year Trivia 1:00 Go 4Life Walking Club 2:00 New Year Resolutions 3:00 Wacky Wednesday Social 3:45 Bingo 6:15 Penny Poker Club	11:00 <b>Chair Yoga with Linda</b> <b>2</b> 1:00 Go 4Life Walking Club 1:30 Skip-BO 2:00 Paws 4 Comfort-Cheryl & Sophie 3:00 Afternoon Tea Social 4:00 Color Your Stress Away.... 6:15 Floral Arranging Club	10:00 Exercise Essentials <b>3</b> 11:00 <b>Protestant Church Service</b> 1:00 Go 4Life Walking Club 2:00 Password with Sheila 3:00 Feel Good Friday Social 3:45 Bingo 6:15 Friday Nite Flick	9:00 <b>"Talkin' Baseball"</b> <b>4</b> 10:00 Rummikub Club 1:00 Go 4Life Walking Club 1:30 Afternoon Stretch 2:00 Big Word, Little Words 3:00 Hot Cocoa and Cookies Social 4:00 Penny Poker 6:15 Scrabble
<b>Happy Birthday Sunya Schulman!</b> <b>5</b> 9:00 CBS Sunday Morning 10:00 Exercise Essentials 1:00 Go4Life@ Walking Club 2:00 <b>Jack L. on the Jazz Guitar</b> 3:00 Sunday Sundae Social 3:45 Bingo 6:15 Classic Comedy TV	10:00 Exercise Essentials <b>6</b> 11:00 <b>Stories with Steve</b> 1:00 Go4Life@ Walking Club 1:30 Piano Music with Shelley 2:00 Skip-BO 3:00 Bridge Club 3:00 Social 4:30 Live with Reflection-Meditation 6:15 Bingo	10:00 Exercise Essentials <b>7</b> 11:00 Brain Thinkers w/ Sheila 1:00 Go 4Life Walking Club 2:00 Vocalist Nancy Abramson 3:00 House Social 4:00 Penny Poker 6:15 Dance the Night Away..	<b>Happy Birthday Mildred Johnson and Vicky Richman!</b> <b>8</b> 10:00 Exercise Essentials 11:00 <b>Catholic Communion</b> 1:00 Go 4Life Walking Club 2:00 Color Your Stress Away 3:00 Wacky Wednesday Social 3:45 Bingo 6:15 Penny Poker Club	10:00 Exercise Essentials <b>9</b> 11:00 Rummikub Club 1:00 Go 4Life Walking Club 1:30 <b>Trip to Giant</b> 2:00 Paws 4 Comfort-Cheryl & Sophie 3:00 Afternoon Tea Social 4:00 News Currents with Leslie 6:15 Floral Arranging Club	10:00 Exercise Essentials <b>10</b> 11:00 Alphabetically Thinking 1:00 Go 4Life Walking Club 1:30 Trip to WalMart 3:00 Feel Good Friday Social 3:45 Bingo 6:15 Friday Nite Flick	10:00 Rummikub Club <b>11</b> 10:30 <b>Bible Study</b> 1:00 Go 4Life Walking Club 1:30 Afternoon Stretch 2:00 Big Word, Little Words 3:00 Root Beer Social 4:00 Penny Poker 6:15 Scrabble
9:00 CBS Sunday Morning <b>12</b> 10:00 Exercise Essentials 1:00 Go4Life@ Walking Club 1:30 Hot Topics with Leslie 2:00 RHHS-Songs for Seniors 3:00 Sunday Sundae Social 3:45 Bingo 6:15 Classic Comedy TV	10:00 Exercise Essentials <b>13</b> 11:00 <b>Stories with Steve</b> 1:00 Go4Life@ Walking Club 1:30 <b>Wellness Talk with Bayada</b> 2:30 Skip-Bo (card game) 3:00 Bridge Club 3:00 Social 4:30 Live with Reflection-Meditation 6:15 Bingo	<b>Happy Birthday Daniel Webber!</b> <b>14</b> 10:00 Exercise Essentials 12:00 Men's Club Pizza Party 1:00 Go 4Life Walking Club 2:00 Bible Study with Debbie 3:00 House Social 4:00 Penny Poker 6:15 Rummikub Club	10:00 Exercise Essentials <b>15</b> 11:00 Piano Music with Shelley 1:00 Go 4Life Walking Club 1:30 <b>Community Zumba</b> 3:00 Wacky Wednesday Social 3:45 Bingo 6:15 Penny Poker Club	10:00 Classical Music with Alexander <b>16</b> 11:00 Trivia 1:00 Go 4Life Walking Club 2:00 Paws 4 Comfort-Cheryl & Sophie 3:00 Afternoon Tea Social 4:00 News Currents with Leslie 6:15 Floral Arranging Club	<b>Happy Birthday Donald Munshower!</b> <b>17</b> 10:00 Exercise Essentials 11:00 Protestant Church Service 1:00 Go 4Life Walking Club 1:30 Bingo 3:00 Feel Good Friday Social 4:00 <b>Mass w/Father Ferdinand</b> 6:15 Friday Nite Flick	10:00 Rummikub Club <b>18</b> 10:30 <b>Bible Study</b> 1:00 Go 4Life Walking Club 2:00 The Columbia Ski Club's Sweet Treats Giveaway! 3:00 Good News and Goodies Social 4:00 Penny Poker 6:15 Scrabble
9:00 CBS Sunday Morning <b>19</b> 10:00 Exercise Essentials 1:00 Go4Life@ Walking Club 2:00 Big Word, Little Words 3:00 Sunday Sundae Social 3:45 Bingo 6:15 Classic Comedy TV	10:00 Exercise Essentials <b>20</b> 11:00 Trivia 1:00 Go4Life@ Walking Club 1:30 Blackjack with Kathi 3:00 Bridge Club 3:00 Social 4:30 Live with Reflection-Meditation 6:15 Bingo	10:00 Exercise Essentials <b>21</b> 11:00 Out to Lunch Bunch - Olive Garden 1:00 Go 4Life Walking Club 2:00 Commonynms 3:00 House Social 4:00 Penny Poker 6:15 Family Bingo Night	10:00 Exercise Essentials <b>22</b> 11:00 <b>Catholic Communion</b> 1:00 Go 4Life Walking Club 1:15 Helping Hands-Making Sandwiches for Grassroots 1:30 <b>Community Zumba</b> 3:00 Wacky Wednesday Social 3:45 Bingo 6:15 Penny Poker Club	<b>Happy Birthday Mary Ann Karabin!</b> <b>23</b> 10:00 Exercise Essentials 11:00 Finish the lines... 1:00 Go 4Life Walking Club 1:30 <b>Trip to Giant</b> 2:00 Jewish Services with Rabbi Baron 2:00 Paws 4 Comfort-Cheryl & Sophie 3:00 Afternoon Tea Social 4:00 News Currents with Leslie 6:15 Floral Arranging Club	10:00 Exercise Essentials <b>24</b> 11:00 Resident Council Meeting 1:00 Go 4Life Walking Club 1:30 UMD Prof. D. Richardson-Earth Strikes Back: "The DART Mission to Impact an Asteroid" 3:00 Feel Good Friday Social 3:45 Bingo 6:15 Friday Nite Flick	10:00 Rummikub Club <b>25</b> 10:30 <b>Bible Study</b> 1:00 Go 4Life Walking Club 1:30 Afternoon Stretch 2:00 Big Word, Little Words 3:00 Root Beer Social 4:00 Penny Poker 6:15 Scrabble
9:00 CBS Sunday Morning <b>26</b> 10:00 Exercise Essentials 1:00 Go4Life@ Walking Club 2:00 Classical Music with Alexander 3:00 Sunday Sundae Social 3:45 Bingo 6:15 Classic Comedy TV	10:00 Exercise Essentials <b>27</b> 11:00 <b>Stories with Steve</b> 1:00 Go4Life@ Walking Club 1:30 Book Club Discussion 2:00 Skip-Bo (card game) 3:00 Bridge Club 3:00 Social 4:30 Live with Reflection-Meditation 6:15 Bingo	10:00 Exercise Essentials <b>28</b> 11:00 Out to Lunch Bunch - Red Lobster 1:00 Go 4Life Walking Club 3:00 House Social 4:00 Penny Poker 6:15 Rummikub Club	10:00 Exercise Essentials <b>29</b> 11:00 <b>Catholic Communion</b> 1:00 Go 4Life Walking Club 1:30 <b>Community Zumba</b> 2:30 Scrabble 3:00 Wacky Wednesday Social 3:45 Bingo 6:15 Penny Poker Club	10:00 Exercise Essentials <b>30</b> 1:00 Go 4Life Walking Club 1:30 <b>Trip to Giant</b> 2:00 Paws 4 Comfort-Cheryl & Sophie 3:00 Afternoon Tea Social 4:00 News Currents with Leslie 6:15 Floral Arranging Club	10:00 Exercise Essentials <b>31</b> 11:00 Password 1:00 Go 4Life Walking Club 2:00 Scenic Drive 3:00 Feel Good Friday Social 3:45 Bingo 6:15 Friday Nite Flick	