

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activities Room ARB Balcony B Bistro C All Around Whole Community DR Dining Room L Meet in Lobby P Parlor PDR Private Dining Room PL Parking Lot RC Reminiscence Courtyard RF Royal Flush SG Secret Garden			9:45 Exercise Essentials W Kris (AR) 10:30 Baker's Corner (AR) 1:00 Puzzle Club (SG) 2:30 Walking Club (L) 3:30 BINGO Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Go4Life Exercise Class: W/ Michel (AR) 10:30 Catholic Communion (AR) 1:30 Scenic Drive: Westminster College (L) 1:30 Anticipation Club (P) 2:00 Politics and Pastries (PDR) 2:30 Walking Club (L) 2:30 SingFit® (AR) 3:30 Jeopardy Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Exercise Essentials (AR) 10:30 News Currents Sr. (AR) 1:00 Meet Me at MOMA (AR) 1:30 Manicures and Hand Massages (AR) 2:30 Walking Club (L) 3:30 Musical Entertainment: Dan Micheli Duo (AR) 7:00 Evening Relaxation Circle (AR)	9:45 Exercise Essentials with Dede (AR) 10:30 BINGO MADNESS! (AR) 1:00 Saturday Matinee: The King and I (AR) 2:30 Walking Club (L) 3:30 Meet Mr. President: Harrison & Tyler (AR) 6:00 Retro Television (AR) 7:00 Evening Relaxation Circle (AR)
10:00 LDS Church Services (AR) 5 1:00 Sit and Dance Exercise Video (AR) 2:30 Walking Club (L) 2:30 Planet Earth (AR) 3:30 Pins and Ales Social! (AR) 7:30 Reading Circle (SG)	9:45 Go4Life Exercise Class w/ Kris (AR) 6 10:30 Sunrise Sing-A-Long (AR) 1:30 Baking Up Memories! (AR) 2:30 Walking Club (L) 3:30 Scattergories Social! (AR) 6:30 LDS Family Night (AR) 7:30 Live with Reflection Meditation (AR)	9:15 Shoppers Outing (L) 7 9:45 Exercise Essentials with Michel (AR) 10:30 Scenic Drive: Hale Center Theatre (L) 1:30 SingFit® (AR) 2:00 Generosity/ Yarn Club (B) 2:30 Walking Club (L) 3:30 Destination Travel Social: Armenia (AR) 6:30 Sunday School (AR)	9:45 Exercise Essentials W Kris (AR) 8 10:30 Baker's Corner (AR) 1:00 Puzzle Club (SG) 2:30 Walking Club (L) 3:30 BINGO Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Go4Life Exercise Class: W/ Michel (AR) 9 10:30 Catholic Communion (AR) 1:30 Scenic Drive: Holt Farmstead (L) 1:30 Anticipation Club (P) 2:00 Politics and Pastries (PDR) 2:30 SingFit® (AR) 2:30 Walking Club (L) 3:30 Jeopardy Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Exercise Essentials (AR) 10 10:30 News Currents Sr. (AR) 11:30 Gent's Lunch Outing: Legend's (L) 1:30 Manicures and Hand Massages (AR) 2:30 Walking Club (L) 3:30 Musical Entertainment: Larry Turner (AR) 7:00 Evening Relaxation Circle (AR)	9:45 Exercise Essentials with Dede (AR) 11 10:30 BINGO MADNESS! (AR) 1:00 Saturday Matinee: The Lucky One (AR) 2:30 Walking Club (L) 3:30 Meet Mr. President: James Polk (AR) 6:00 Retro Television (AR) 7:00 Evening Relaxation Circle (AR)
10:00 LDS Church Services (AR) 12 1:00 Sit and Dance Exercise Video (AR) 2:30 Walking Club (L) 2:30 Planet Earth (AR) 3:30 Pins and Ales Social! (AR) 7:30 Reading Circle (SG)	9:45 Go4Life Exercise Class w/ Kris (AR) 13 10:30 Sunrise Sing-A-Long (AR) 11:30 Birth Day Lunch w/ Paul (PDR) 1:30 Baking Up Memories! (AR) 2:30 Walking Club (L) 3:30 Family Feud Social! (AR) 6:30 LDS Family Night (AR) 7:30 Live with Reflection Meditation (AR)	9:15 Shoppers Outing (L) 14 9:45 Exercise Essentials with Michel (AR) 10:30 Scenic Drive: Juan Diego School (L) 1:30 SingFit® (AR) 2:00 Generosity/ Yarn Club (B) 2:30 Walking Club (L) 3:30 Destination Travel Social: Colombia (AR) 6:30 Sunday School (AR)	9:45 Exercise Essentials W Kris (AR) 15 10:30 Baker's Corner (AR) 12:30 Out to the Movies: Richard Jewel (L) 1:00 Puzzle Club (SG) 2:30 Walking Club (L) 3:30 BINGO Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Go4Life Exercise Class: W/ Michel (AR) 16 10:30 Catholic Communion (AR) 1:30 Scenic Drive: Russian Orthodox Church (L) 1:30 Anticipation Club (P) 2:00 Politics and Pastries (PDR) 2:30 SingFit® (AR) 2:30 Walking Club (L) 3:30 Jeopardy Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Exercise Essentials (AR) 17 10:30 News Currents Sr. (AR) 1:00 Meet Me at MOMA (AR) 1:30 Manicures and Hand Massages (AR) 2:30 Walking Club (L) 3:30 Pins and Ales (AR) 7:00 Evening Relaxation Circle (AR)	9:45 Exercise Essentials with Dede (AR) 18 10:30 BINGO MADNESS! (AR) 1:00 Saturday Matinee: State Fair (AR) 2:30 Walking Club (L) 3:30 Meet Mr. President: Millard Fillmore (AR) 6:00 Retro Television (AR) 7:00 Evening Relaxation Circle (AR)
10:00 LDS Church Services (AR) 19 1:00 Sit and Dance Exercise Video (AR) 2:00 Reminiscing Television (AR) 2:30 Walking Club (L) 2:30 Planet Earth (AR) 3:30 Pins and Ales Social! (AR) 7:30 Reading Circle (SG)	9:45 Go4Life Exercise Class w/ Kris (AR) 20 10:30 Sunrise Sing-A-Long (AR) 1:30 Baking Up Memories! (AR) 2:30 Walking Club (L) 3:30 Crossword Social! (AR) 6:30 LDS Family Night (AR) 7:30 Live with Reflection Meditation (AR)	9:15 Shoppers Outing (L) 21 9:45 Exercise Essentials with Michel (AR) 10:30 Scenic Drive: Fardown Avenue (L) 1:30 SingFit® (AR) 2:00 Generosity/ Yarn Club (B) 2:30 Walking Club (L) 3:30 Destination Travel Social: Mozambique (AR) 6:30 Sunday School (AR)	9:45 Exercise Essentials W Kris (AR) 22 10:30 Baker's Corner (AR) 10:30 Resident Town Hall & Resident Council (AR) 1:00 Puzzle Club (SG) 2:30 Walking Club (L) 3:30 BINGO Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Go4Life Exercise Class: W/ Michel (AR) 23 10:30 Catholic Communion (AR) 1:30 Scenic Drive: Riverton City Park (L) 1:30 Anticipation Club (P) 2:00 Politics and Pastries (PDR) 2:30 SingFit® (AR) 2:30 Walking Club (L) 3:30 Jeopardy Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Exercise Essentials (AR) 24 10:30 News Currents Sr. (AR) 11:30 Ladies Lunch Outing: Los Garcia's (L) 1:30 Manicures and Hand Massages (AR) 2:30 Walking Club (L) 3:30 Pins and Ales (AR) 7:00 Evening Relaxation Circle (AR)	9:45 Exercise Essentials with Dede (AR) 25 10:30 BINGO MADNESS! (AR) 1:00 Saturday Matinee: South Pacific (AR) 2:30 Walking Club (L) 3:30 Meet Mr. President: Franklin Pierce (AR) 6:00 Retro Television (AR) 7:00 Evening Relaxation Circle (AR)
10:00 LDS Church Services (AR) 26 1:00 Sit and Dance Exercise Video (AR) 2:00 Reminiscing Television (AR) 2:30 Walking Club (L) 2:30 Planet Earth (AR) 3:30 Pins and Ales Social! (AR) 7:30 Reading Circle (SG)	9:45 Go4Life Exercise Class w/ Kris (AR) 27 10:30 Sunrise Sing-A-Long (AR) 1:30 Baking Up Memories! (AR) 2:30 Walking Club (L) 3:30 Birth Day Social! (AR) 6:30 LDS Family Night (AR) 7:30 Live with Reflection Meditation (AR)	9:15 Shoppers Outing (L) 28 9:45 Exercise Essentials with Michel (AR) 10:30 Scenic Drive: Creek Road (L) 1:30 SingFit® (AR) 2:00 Generosity/ Yarn Club (B) 2:30 Walking Club (L) 3:30 Destination Travel Social: Tonga (AR) 6:30 Sunday School (AR)	9:45 Exercise Essentials W Kris (AR) 29 10:30 Baker's Corner (AR) 11:30 Out to Lunch Bunch: Olive Garden (L) 1:00 Puzzle Club (SG) 2:30 Walking Club (L) 3:30 BINGO Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Go4Life Exercise Class: W/ Michel (AR) 30 10:30 Catholic Communion (AR) 1:30 Scenic Drive: Governors Mansion (L) 1:30 Anticipation Club (P) 2:00 Politics and Pastries (PDR) 2:30 SingFit® (AR) 2:30 Walking Club (L) 3:30 Jeopardy Social! (AR) 6:00 Live with Reflection Meditation (AR)	9:45 Exercise Essentials (AR) 31 10:30 News Currents Sr. (AR) 1:30 Manicures and Hand Massages (AR) 2:30 Walking Club (L) 3:30 Musical Entertainment: Wayne Hovey (AR) 7:00 Evening Relaxation Circle (AR)	