

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALP AL Patio AR Activity Room B Bistro DR AL Dining Room F Foyer LR2 Second Floor Living Room PDR Private Dining Room RLR Reminiscence Living Room RP Reminiscence Patio WP Walking Path			10:00 New Year's Morning Walk (ALP) 1 10:30 Exercise Essentials (AR) 11:15 Catholic Communion w/Annie (AR) 1:00 Music and Movement with Rose in Reminiscence 3:30 Peanut Auction & Happy Hour Social (AR) 6:15 Dollar Bingo Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 2 10:30 Exercise Essentials (AR) 11:15 SingFit® Music & Trivia (AR) 1:15 Meet Me at MbMA Mobile Museum (B) 2:30 Hot Chocolate & Puzzles Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Classic Movie Night (LR2) 6:15 "Phase 10" Game Night (AR)	9:30 Mobility & Balance Class w/Rose Cooke (AR) 3 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 1:15 SHOPPING TRIP: Dollar Tree 2:30 Cider & Word Searches (B) 3:00 4 Card Bingo (AR) 6:15 Rosary Group (LR2)	10:00 Pet Pals Prescriptions Visit (AR) 4 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 11:15 Flower Arranging w/Youth Volunteers (AR) 1:15 Making and Baking: Sweet Treats (AR) 2:30 Sweets & "Bucket List" Goals with Youth Volunteers (B) 3:00 Bingo Bonanza! (AR) 6:00 Catholic Communion Visitation
9:15 Christian Worship w/LifeWay Ministries (AR) 5 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Go4Life Strength Exercises (AR) 11:15 SingFit Hymn Sing Along (RLR) 2:30 Milkshakes & Board Games in the Bistro (B) 3:00 Bingo Bonanza! (AR) 6:15 Guys and Gals Poker Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 6 10:30 Go4Life Strength Exercises (AR) 11:15 Bible Study w/Barbara (AR) 1:15 Crafting for the Community (AR) 2:30 Monday Margaritas, Chips & Salsa, & Trivia Social (B) 3:00 4 Card Bingo (AR) 6:15 LCR (Left Center Right) (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 7 10:30 Exercise Essentials (AR) 11:15 SingFit® Music and Trivia (RLR) 1:00 Silver Sneakers w/Rose Cooke! (RLR) 2:00 Handbell Choir Practice with Kathy (AR) 2:30 Cran-Orange Crushes & Cranium Crunches Social (B) 3:00 Bingo Bonanza! (AR) 4:00 MUSIC WITH RITA WONG, MUSIC THERAPIST (RLR) 6:15 Tuesday Night Film Favorites (LR2)	9:15 Catholic Communion w/Annie (AR) 8 10:30 Exercise Essentials (AR) 11:15 LUNCH BUNCH: Chili's 11:15 Lawn Games in Reminiscence (RP) 3:30 JEOPARDY! w/CARL & Happy Hour Social (AR) 4:15 Music and Movement with Rose in Reminiscence 4:30 News Currents News Discussion (AR) 6:15 Dollar Bingo Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 9 10:30 Exercise Essentials (AR) 11:15 SingFit® Music & Trivia (AR) 1:15 RESIDENT COUNCIL MEETING (AR) 2:30 Hot Chocolate & Puzzles Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Classic Movie Night (LR2) 6:15 "Phase 10" Game Night (AR)	9:30 Mobility & Balance Class w/Rose Cooke (AR) 10 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 1:00 MOVIE THEATER OUTING 1:00 Fine Arts Class w/Glenda (RLR) 2:30 Cider & Word Searches (B) 3:00 4 Card Bingo (AR) 6:15 Rosary Group (LR2)	10:00 Go4Life Walking Club with the Sales Team (WP) 11 10:30 Exercise Essentials (AR) 1:15 Flower Arranging w/Youth Volunteers (AR) 2:30 Sweets & "Bucket List" Goals with Youth Volunteers (B) 3:00 Bingo Bonanza! (AR) 6:00 Catholic Communion Visitation
9:15 Christian Worship w/LifeWay Ministries (AR) 12 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Go4Life Strength Exercises (AR) 11:15 SingFit Hymn Sing Along (RLR) 2:30 Milkshakes & Board Games in the Bistro (B) 3:00 Bingo Bonanza! (AR) 6:15 Guys and Gals Poker Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 13 10:30 Go4Life Strength Exercises (AR) 11:15 Bible Study w/Barbara (AR) 1:15 Crafting for the Community (AR) 2:30 Monday Margaritas, Chips & Salsa, & Trivia Social (B) 3:00 4 Card Bingo (AR) 6:15 LCR (Left Center Right) (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 14 10:30 Exercise Essentials (AR) 11:15 SingFit® Music and Trivia (RLR) 1:00 Silver Sneakers w/Rose Cooke! (RLR) 2:00 Handbell Choir Practice with Kathy (AR) 2:30 Cran-Orange Crushes & Cranium Crunches Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Tuesday Night Film Favorites (LR2)	9:15 Catholic Communion w/Annie (AR) 15 10:30 Exercise Essentials (AR) 11:15 LUNCH BUNCH: Cask 'n Cleaver 11:15 Lawn Games in Reminiscence (RP) 3:30 Peanut Auction & Happy Hour Social (AR) 4:15 Music and Movement with Rose in Reminiscence 4:30 News Currents News Discussion (AR) 6:15 Dollar Bingo Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 16 10:30 Exercise Essentials (AR) 11:15 SingFit® Music & Trivia (AR) 2:30 Hot Chocolate & Puzzles Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Classic Movie Night (LR2) 6:15 "Phase 10" Game Night (AR)	9:30 Mobility & Balance Class w/Rose Cooke (AR) 17 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 11:15 REINSCENCE OUTING 1:00 Fine Arts Class w/Glenda (RLR) 2:30 Cider & Word Searches (B) 3:00 4 Card Bingo (AR) 4:00 MONTHLY BINGO STORE! (LR2) 6:15 Rosary Group (LR2)	10:00 Third Saturday Worship Music w/Hillside Church (RLR) 18 10:00 Go4Life Walking Club with the Sales Team (WP) 10:00 ALZHEIMER'S SUPPORT GROUP (PDR) 10:30 Exercise Essentials (AR) 11:15 Flower Arranging w/Youth Volunteers (AR) 1:15 Making and Baking: Sweet Treats (AR) 2:30 Sweets & "Bucket List" Goals with Youth Volunteers (B) 3:00 Bingo Bonanza! (AR) 6:00 Catholic Communion Visitation
9:15 Christian Worship w/LifeWay Ministries (AR) 19 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Go4Life Strength Exercises (AR) 11:15 SingFit Hymn Sing Along (RLR) 2:30 Milkshakes & Board Games in the Bistro (B) 3:00 Bingo Bonanza! (AR) 6:15 Guys and Gals Poker Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 20 10:30 Go4Life Strength Exercises (AR) 11:15 Bible Study w/Barbara (AR) 1:15 Crafting for the Community (AR) 2:30 Monday Margaritas, Chips & Salsa, & Trivia Social (B) 3:00 4 Card Bingo (AR) 6:15 LCR (Left Center Right) (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 21 10:30 Exercise Essentials (AR) 11:15 SingFit® Music and Trivia (RLR) 1:00 Silver Sneakers w/Rose Cooke! (RLR) 2:30 Cran-Orange Crushes & Cranium Crunches Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Tuesday Night Film Favorites (LR2)	9:15 Catholic Communion w/Annie (AR) 22 10:30 Exercise Essentials (AR) 11:15 LUNCH BUNCH: Applebee's 11:15 Lawn Games in Reminiscence (RP) 3:30 Peanut Auction & Happy Hour Social (AR) 4:15 Music and Movement with Rose in Reminiscence 4:30 News Currents News Discussion (AR) 6:15 Dollar Bingo Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 23 10:30 Exercise Essentials (AR) 11:15 SingFit® Music & Trivia (AR) 2:30 Hot Chocolate & Puzzles Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Classic Movie Night (LR2) 6:15 "Phase 10" Game Night (AR)	9:30 Mobility & Balance Class w/Rose Cooke (AR) 24 10:00 Go4Life Walking Club with the Sales Team (WP) 10:15 DONUTS w/FRANCISCO 10:30 Exercise Essentials (AR) 1:00 Fine Arts Class w/Glenda (RLR) 1:15 SHOPPING TRIP: Target/Kohls 2:30 Cider & Word Searches (B) 3:00 4 Card Bingo (AR) 6:15 Rosary Group (LR2)	10:00 Fourth Saturday Worship Music w/Hillside Church (RLR) 25 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 11:15 Flower Arranging w/Youth Volunteers (AR) 1:15 Making and Baking: Sweet Treats (AR) 2:30 Sweets & "Bucket List" Goals with Youth Volunteers (B) 3:00 Bingo Bonanza! (AR) 6:00 Catholic Communion Visitation
9:15 Christian Worship w/LifeWay Ministries (AR) 26 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Go4Life Strength Exercises (AR) 11:15 SingFit Hymn Sing Along (RLR) 2:30 Milkshakes & Board Games in the Bistro (B) 3:00 Bingo Bonanza! (AR) 4:00 Sing Along w/George Flick (B) 6:15 Guys and Gals Poker Night (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 27 10:30 Go4Life Strength Exercises (AR) 11:15 Bible Study w/Barbara (AR) 1:15 Crafting for the Community (AR) 2:30 Monday Margaritas, Chips & Salsa, & Trivia Social (B) 3:00 4 Card Bingo (AR) 6:15 LCR (Left Center Right) (AR)	10:00 Go4Life Walking Club with the Sales Team (WP) 28 10:30 Exercise Essentials (AR) 11:15 SingFit® Music and Trivia (RLR) 1:00 Silver Sneakers w/Rose Cooke! (RLR) 2:30 Cran-Orange Crushes & Cranium Crunches Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Tuesday Night Film Favorites (LR2)	9:15 Catholic Communion w/Annie (AR) 29 10:30 Exercise Essentials (AR) 11:15 LUNCH BUNCH: Logan's Roadhouse 11:15 Lawn Games in Reminiscence (RP) 2:15 DINING COMMITTEE MEETING (LR2) 3:30 Peanut Auction & Happy Hour Social (AR) 4:15 Music and Movement with Rose in Reminiscence 4:45 Early Dinner (DR) 6:15 First Quarter Family Night Mixer/Meeting (DR)	10:00 Go4Life Walking Club with the Sales Team (WP) 30 10:30 Exercise Essentials (AR) 11:15 SingFit® Music & Trivia (AR) 1:15 Meet Me at MbMA Mobile Museum (B) 2:30 Hot Chocolate & Puzzles Social (B) 3:00 Bingo Bonanza! (AR) 6:15 Classic Movie Night (LR2) 6:15 "Phase 10" Game Night (AR)	9:30 Mobility & Balance Class w/Rose Cooke (AR) 31 10:00 Go4Life Walking Club with the Sales Team (WP) 10:30 Exercise Essentials (AR) 11:15 REINSCENCE OUTING 1:00 Fine Arts Class w/Glenda (RLR) 2:30 Cider & Word Searches (B) 3:00 4 Card Bingo (AR) 4:00 ACTIVITY PLANNING MEETING FOR FEBRUARY (AR) 6:15 Rosary Group (LR2)	

JANUARY 2020
Assisted Living
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LIVE WITH PURPOSE

