

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1st 1st Floor 2AR 2nd Floor 2nd 2nd Floor AR Activities Room Btr Bistro FD Meet at Front Lbr Library						
9:00 Morning News on KTVU Channel 2 (Lbr) 5 9:45 Bodies in Motion with Care Manager (AR) 10:30 Bingo with Mcmah (AR) 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Jeopardy with Maricella (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 6 9:45 Bodies in Motion with Care Manager (AR) 10:00 Yoga with Eva (AR) 10:45 The History of Dogs Discussion with Micah 1:30 Trivia with Micah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Loteria (Spanish Bingo) (AR) 4:00 Catholic Communion Service (2AR) 6:30 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 7 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography of Humphrey Bogart (AR) 11:00 Last Week's News and This Week in History with John (AR) 1:30 Guitar Sing Along (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social with Wine and Cheese (Btr) 4:30 Scrabble Club (2nd) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 8 9:45 Bodies in Motion with Care Manager (AR) 10:00 Monthly Health Talk with Val (AR) 11:00 News Currents with Mcmah (AR) 1:30 Poker Club with John (2nd) 1:30 Netflix Documentary Program (AR) 2:00 Walking Arranging Club Mcmah (Btr) 3:00 Table Talk Social with Baked Cookies (Btr) 3:45 Collages with Jasmine (AR) 6:15 Pet Therapy Visit (FD)	9:00 Morning News on KTVU Channel 2 (Lbr) 9 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography Program (AR) 11:00 Oakland Museum Special Exhibit Tour: Chicano Roots of El Dia de los Muertos 1:30 Bingo (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social with Champagne (Btr) 3:00 Weekly Word Game Social with Champagne (Btr) 3:45 Book Club with Mcmah (AR) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 10 9:30 Scenic Drive with Ron (FD) 9:45 Bodies in Motion with Care Manager (AR) 10:00 Travelogue Program (AR) 11:00 The Week Magazine Discussion 1:30 Family Feud Friday with John (AR) 2:00 Walking Club (FD) 3:00 Table Talk and Fresh Fruit Social 3:45 Manicures and Reminiscing (AR) 6:15 Evening Movie (AR) 6:30 Evening Movie (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 11 9:45 Bodies in Motion with Care Manager (AR) 10:00 Bridge Club (2nd) 10:00 Saturday Matinee (AR) 1:30 SingFit Music and Discussion with John 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Trivia with Gussie (AR)
9:00 Morning News on KTVU Channel 2 (Lbr) 12 9:45 Bodies in Motion with Care Manager (AR) 10:30 Bingo with Mcmah (AR) 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Jeopardy with Maricella (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 13 9:45 Bodies in Motion with Care Manager (AR) 10:00 Yoga with Eva (AR) 10:45 The History of Dogs Discussion with Micah 1:30 Advice Scrapbooking with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Loteria (Spanish Bingo) (AR) 4:00 Catholic Communion Service (2AR) 6:30 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 14 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography Program (AR) 11:00 Last Week's News and This Week in History with John (AR) 1:30 Guitar Sing Along (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social with Wine and Cheese (Btr) 3:45 Canvas Art Painting Class with Bahram (AR) 4:30 Scrabble Club (2nd) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 15 9:45 Bodies in Motion with Care Manager (AR) 10:15 Monthly Resident Council Meeting 11:00 News Currents with Mcmah (AR) 1:30 Poker Club with John (2nd) 1:30 Netflix Documentary Program (AR) 1:30 Flower Arranging Club Mcmah (Btr) 2:00 Walking Club (FD) 3:00 Table Talk Social with Baked Cookies (Btr) 3:45 Collages with Jasmine (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 16 9:45 Bodies in Motion with Care Manager (AR) 10:00 Saxophone and Flute with Ken (AR) 11:00 Biography Program (AR) 1:30 Bingo (AR) 2:00 Walking Club (FD) 3:00 Weekly Word Game Social with Champagne (Btr) 3:45 Book Club with Mcmah (AR) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 17 9:30 Scenic Drive with Ron (FD) 9:45 Bodies in Motion with Care Manager (AR) 10:00 Travelogue Program (AR) 11:00 The Week Magazine Discussion 1:30 Family Feud Friday with John (AR) 2:00 Walking Club (FD) 3:00 Table Talk and Fresh Fruit Social 3:45 Manicures and Reminiscing (AR) 6:15 Evening Movie (AR) 6:30 Evening Movie (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 18 9:45 Bodies in Motion with Care Manager (AR) 10:00 Bridge Club (2nd) 10:00 Saturday Matinee (AR) 1:30 Jewelry Making Class 1:30 SingFit Music and Discussion with John 2:00 Walking Club (FD) 2:00 Art with Bahram 3:00 Table Talk Social (Btr) 3:45 Trivia with Gussie (AR)
9:00 Morning News on KTVU Channel 2 (Lbr) 19 9:45 Bodies in Motion with Care Manager (AR) 10:30 Bingo with Mcmah (AR) 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Jeopardy with Maricella (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 20 9:45 Bodies in Motion with Care Manager (AR) 10:00 Yoga with Eva (AR) 10:45 The History of Dogs Discussion with Micah 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Loteria (Spanish Bingo) (AR) 4:00 Catholic Communion Service (2AR) 6:30 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 21 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography of Humphrey Bogart (AR) 11:00 Last Week's News and This Week in History with John (AR) 1:30 Guitar Sing Along (AR) 2:00 Walking Club (FD) 2:30 Pet Therapy Visit from Val and Ashi (AR) 3:00 Table Talk Social with Wine and Cheese (Btr) 3:45 Mini Golf with Maricella (AR) 4:30 Scrabble Club (2nd) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 22 9:45 Bodies in Motion with Care Manager (AR) 10:00 SingFit Music and Discussion with John (AR) 11:00 News Currents with Mcmah (AR) 1:30 Poker Club with John (2nd) 1:30 Netflix Documentary Program (AR) 1:30 Flower Arranging Club Mcmah (Btr) 2:00 Walking Club (FD) 3:00 Table Talk Social with Baked Cookies (Btr) 3:45 Collages with Jasmine (AR) 6:15 Pet Therapy Visit (FD)	9:00 Morning News on KTVU Channel 2 (Lbr) 23 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography Program (AR) 11:00 Mini Golf with John (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social and Margaritas 3:00 Weekly Word Game Social with Champagne (Btr) 3:45 Book Club with Mcmah (AR) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 24 9:30 Scenic Drive with Ron (FD) 9:45 Bodies in Motion with Care Manager (AR) 10:00 Travelogue Program (AR) 11:00 The Week Magazine Discussion 1:30 Family Feud Friday with John (AR) 2:00 Walking Club (FD) 3:00 Table Talk and Fresh Fruit Social 3:45 Manicures and Reminiscing (AR) 6:15 Evening Movie (AR) 6:30 Evening Movie (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 25 9:45 Bodies in Motion with Care Manager (AR) 10:00 Bridge Club (2nd) 10:00 Saturday Matinee (AR) 1:30 SingFit Music and Discussion with John 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Trivia with Gussie (AR)
9:00 Morning News on KTVU Channel 2 (Lbr) 26 9:45 Bodies in Motion with Care Manager (AR) 10:30 Bingo with Mcmah (AR) 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Jeopardy with Maricella (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 27 9:45 Bodies in Motion with Care Manager (AR) 10:00 Yoga with Eva (AR) 10:45 The History of Dogs Discussion with Micah 1:30 Shadowbox Activity with Mcmah (AR) 1:30 Art Studio with Mcmah (AR) 2:00 Walking Club (FD) 3:00 Table Talk Social (Btr) 3:45 Loteria (Spanish Bingo) (AR) 4:00 Catholic Communion Service (2AR) 6:30 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 28 9:45 Bodies in Motion with Care Manager (AR) 10:00 Biography of Humphrey Bogart (AR) 11:00 Last Week's News and This Week in History with John (AR) 1:30 Guitar Sing Along (AR) 2:00 Walking Club (FD) 2:30 Pet Therapy Visit from Val and Ashi (AR) 3:00 Table Talk Social with Wine and Cheese (Btr) 3:45 Mini Golf with Maricella (AR) 4:30 Scrabble Club (2nd) 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 29 9:45 Bodies in Motion with Care Manager (AR) 10:00 SingFit Music and Discussion with John (AR) 11:00 News Currents with Mcmah (AR) 1:30 Poker Club with John (2nd) 1:30 Netflix Documentary Program (AR) 1:30 Flower Arranging Club Mcmah (Btr) 2:00 Walking Club (FD) 3:00 Table Talk Social with Baked Cookies (Btr) 3:45 Collages with Jasmine (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 30 9:45 Bodies in Motion with Care Manager (AR) 11:00 Biography Program (AR) 1:30 Bingo (AR) 2:00 Walking Club (FD) 3:00 Weekly Word Game Social with Champagne (Btr) 3:45 Book Club with Mcmah (AR) 5:30 Cal vs Oregon Basketball Game 6:30 Exercise Essentials and Meditation with Jill (AR) 7:00 Evening Movie and Popcorn (AR)	9:00 Morning News on KTVU Channel 2 (Lbr) 31 9:30 Scenic Drive with Ron (FD) 9:45 Bodies in Motion with Care Manager (AR) 10:00 Travelogue Program (AR) 11:00 The Week Magazine Discussion 1:30 Family Feud Friday with John (AR) 2:00 Walking Club (FD) 3:00 Table Talk and Fresh Fruit Social 3:45 Manicures and Reminiscing (AR) 6:15 Evening Movie (AR) 6:30 Evening Movie (AR)	