

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BT Bistro OT Outing PCA Personal Care Activity Room PCD PC Dining Room PLR PC Living Room RM Reminiscence TA Terrace Activity Room TD Terrace Dining TK Terrace Kitchen TL Terrace Living Room TP Terrace Patio		Happy Birthday!!! Eleanor S. 1/8	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 World of Peace (TA) 11:00 Sing Fit (TA) 1:00 Silver Sneakers (PLR) 1:30 Total Brain Health (TA) 2:00 New Year's IQ (TA) 2:00 Joe Lege & his Squeeze Box! (TA) 2:30 Hearts for Homeless Craft Social (TA) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:15 Sing Fit (TA) 1:00 Silver Sneakers (TA) 2:00 Scenic Drive (OT) 2:00 Bingo! (BT) 3:00 Happy Hour Social (BT) 4:00 Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Silver Sneakers (PLR) 1:45 Movie Matinee (TA) 3:30 Root Beer Float Social Hour (TA) 4:00 Daily Journal (TL) 6:30 Shout Out the Answer (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Manicures & Music (TA) 10:30 Bingo with the Kiddos (BT) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Exercise Essentials (TA) 1:45 Out & About Bingo (OT) 2:00 Baby, It's Cold Outside (TA) 3:15 Sing-along Social (TA) 3:30 Rosary Club (TL) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)
9:30 Catholic Mass at St. Alexis (OT) 10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 Snow, Snow, Snow (TA) 1:00 Bingo (TD) 2:00 Wii Bowling (TA) 3:00 Crafter's Corner Social (TD) 3:45 Live with Anticipation Club (TA) 4:00 Sunny Side/ Daily Journal (TL) 6:00 Category Trivia (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Communion Service (AR) 10:30 Baking for a Cause (TK) 10:40 This Day in History (TA) 1:00 Silver Sneakers (PLR) 2:00 January IQ (TA) 3:00 Sundae Social (TK) 3:45 Sunny Side/ Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Balloon Volleyball (TA) 1:00 Silver Sneakers (TA) 1:30 Bakers Bunch (TK) 2:00 Memories of Friends (TA) 2:00 Entertainment with Jerry Coyne (TA) 2:30 Meet Me at MoMa Social (TD) 4:00 Daily Journal (TL) 6:00 You Be the Artist (TD) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Sing Fit (TA) 1:00 Silver Sneakers (PLR) 1:30 Total Brain Health (TA) 2:00 Winter Weather Words (TA) 2:30 Artist in Motion (TA) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)	10:00 Movie Outing (OT) 10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:15 Sing Fit (TA) 1:00 Silver Sneakers (TA) 2:00 Bingo! (BT) 3:00 Happy Hour Social (BT) 4:00 Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Silver Sneakers (PLR) 1:45 Movie Matinee (TA) 3:30 Root Beer Float Social Hour (TA) 4:00 Daily Journal (TL) 6:30 Shout Out the Answer (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Manicures & Music (TA) 10:30 Bingo with the Kiddos (BT) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Exercise Essentials (TA) 1:45 Out & About Bingo (OT) 2:00 Crossword Puzzles (TA) 3:15 Sing-along Social (TA) 3:30 Rosary Club (TL) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)
10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 Wii Bowling (TA) 1:15 Worship with Pastor Darrell (PCA) 1:30 I'm a Little Penguin (TD) 3:00 Crafter's Corner Social (TD) 3:45 Live with Anticipation Club (TA) 4:00 Sunny Side/ Daily Journal (TL) 6:00 Category Trivia (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Baking for a Cause (TK) 10:40 This Day in History (TA) 1:00 Silver Sneakers (PLR) 2:00 Winter Wonderland (TA) 3:00 Sundae Social (TK) 4:00 Sunny Side/ Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Balloon Volleyball (TA) 12:00 Men's Luncheon (BT) 1:00 Silver Sneakers (TA) 1:30 Bakers Bunch (TK) 2:00 Poetry Reading (TA) 2:30 Meet Me at MoMa Social (TD) 4:00 Daily Journal (TL) 6:00 You Be the Artist (TD) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Sing Fit (TA) 1:00 Silver Sneakers (PLR) 1:30 Total Brain Health (TA) 2:00 Winter Weather Crossword (TA) 2:30 Artist in Motion (TA) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)	10:00 Resident Council (BT) 10:00 Go4Life Walking Club (TA) 10:30 Lynn DeFalco Entertains! (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:15 Sing Fit (TA) 1:00 Silver Sneakers (TA) 2:00 Out & About (OT) 2:00 Bingo! (BT) 3:00 Happy Hour Social (BT) 4:00 Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Silver Sneakers (PLR) 1:45 Movie Matinee (TA) 3:30 Root Beer Float Social Hour (TA) 4:00 Daily Journal (TL) 6:30 Shout Out the Answer (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Manicures & Music (TA) 10:30 Bingo with the Kiddos (BT) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Exercise Essentials (TA) 1:45 Out & About Bingo (OT) 2:00 Crossword Puzzles (TA) 3:15 Sing-along Social (TA) 3:30 Rosary Club (TL) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)
9:30 Catholic Mass at St. Alexis (OT) 10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 Wii Bowling (TA) 1:00 Let it Snow, Let it Snow, Let it Snow (TD) 3:00 Ice Cream in a Bag Social (TD) 3:45 Live with Anticipation Club (TA) 4:00 Sunny Side/ Daily Journal (TL) 6:00 Category Trivia (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Baking for a Cause (TK) 10:40 This Day in History (TA) 1:00 Silver Sneakers (PLR) 2:00 A Snowball's Chance (TA) 2:00 Catholic Mass (AR) 3:00 Sundae Social (TK) 4:00 Sunny Side/ Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 All About Martin Luther King (TA) 11:15 Balloon Volleyball (TA) 1:00 Silver Sneakers (TA) 1:30 Bakers Bunch (TK) 2:30 Meet Me at MoMa Social (TD) 4:00 Daily Journal (TL) 6:00 You Be the Artist (TD) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Sing Fit (TA) 1:00 Silver Sneakers (PLR) 1:30 Total Brain Health (TA) 2:00 Snowy Categories (TA) 2:30 Artist in Motion (TA) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Donation Meal Prep (TK) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:15 Sing Fit (TA) 1:00 Silver Sneakers (TA) 2:00 Donation Trip (OT) 2:00 Bingo! (BT) 3:00 Happy Hour Social (BT) 4:00 Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Silver Sneakers (PLR) 1:45 Movie Matinee (TA) 3:30 Root Beer Float Social Hour (TA) 4:00 Daily Journal (TL) 6:30 Shout Out the Answer (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Manicures & Music (TA) 10:30 Bingo with the Kiddos (BT) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Exercise Essentials (TA) 1:45 Out & About Bingo (OT) 2:00 Crossword Puzzles (TA) 3:15 Sing-along Social (TA) 3:30 Rosary Club (TL) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)
10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 Double Winter (TA) 1:00 Bingo (TD) 1:15 Worship with Pastor Darrell (PCA) 2:00 Wii Bowling (TA) 3:00 Crafter's Corner Social (TD) 3:45 Live with Anticipation Club (TA) 4:00 Sunny Side/ Daily Journal (TL) 6:00 Category Trivia (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:30 Baking for a Cause (TK) 10:40 This Day in History (TA) 1:00 Silver Sneakers (PLR) 2:00 Remembering When: Door-to-Door Salesmen (TA) 3:00 Sundae Social (TK) 4:00 Sunny Side/ Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Balloon Volleyball (TA) 1:00 Silver Sneakers (TA) 1:30 Bakers Bunch (TK) 2:00 Tom Lamb Entertains! (TA) 2:30 Meet Me at MoMa Social (TD) 4:00 Daily Journal (TL) 6:00 You Be the Artist (TD) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:00 Sing Fit (TA) 1:00 Silver Sneakers (PLR) 1:30 Total Brain Health (TA) 2:00 Roll a Snowman (TA) 2:30 Artist in Motion (TA) 3:00 Patch Work Review (TA) 4:00 Daily Journal (TL) 6:30 Balloon Volleyball (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 10:45 This Day in History (TA) 11:15 Sing Fit (TA) 1:00 Silver Sneakers (TA) 2:00 N.A. Heritage Center (OT) 2:00 Bingo! (BT) 3:00 Happy Hour Social (BT) 4:00 Daily Journal (TL) 6:30 Target Toss (TA) 7:15 Evening Movie Social (TA)	10:00 Go4Life Walking Club (TA) 10:40 Daily Reflection & Prayer (TL) 11:00 This Day in History (TA) 1:00 Silver Sneakers (PLR) 1:45 Movie Matinee (TA) 3:30 Root Beer Float Social Hour (TA) 4:00 Daily Journal (TL) 6:30 Shout Out the Answer (TA) 7:15 Evening Movie Social (TA)	All outings are weather dependent. Activities subject to change.