

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR Activity Room BS Beauty Shop BT Bistro BW Breezeway CY Courtyard DR Dining Room LR Living Room OT Outing TCA Terrace Club Activity Room		Happy Birthday!!!  Harriet H. 1/4 Eleanor S. 1/8 Ron B. 1/23	9:30 This Day in History (BT) 1 10:00 Go4Life Walking Club (BT) 10:15 Bookworm Biddies (AR) 11:00 Happy New Year Around the World (AR) 1:15 Sit & Be Fit Fun (AR) 2:00 Joe Lege & his Squeeze Box! (TCA) 3:00 Beer & Pretzel Social (BT) 6:00 Left, Center, Right (BT) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 2 10:00 Go4Life Walking Club (BT) 11:00 Armchair Travels (AR) 1:00 Silver Sneakers (TCA) 1:40 Candy Bar Bingo (BT) 3:00 Happy Hour Social (BT) 3:30 Card Club with Volunteer Gary (BT) 6:30 Horse Shoes (BT) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 3 10:00 Bridge Club 10:00 Go4Life Walking Club (BT) 10:15 Mind Wrestlers (LR) 11:00 Wii Bowling for "Dollars" (LR) 1:00 Silver Sneakers (LR) 1:30 Manicure Madness 2:00 Scrabble Club (BT) 3:00 Root Beer Float Social (BT) 6:00 It's Trivial (LR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 4 10:30 Bingo with the Kiddos (BT) 11:30 Go4Life Walking Club (BT) 1:00 Fit & Fun (LR) 1:30 Out & About Bingo (OT) 2:00 Old-Fashioned Sing-Along (LR) 3:00 Brain Teasers Social (BT) 3:30 Live with Anticipation Club (BT) 4:00 Rosary Club (AR) 6:00 Target Toss (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)
9:00 This Day in History (BT) 5 10:00 Go4Life Walking Club (BT) 10:00 Pittsburgh Faith & Family Broadcast (AR) 10:15 Bookworm Biddies 11:00 Left Center Right (BT) 11:15 Exercise Essentials (AR) 2:00 Hollywood Reels Club (AR) 3:00 SingFit Social (BT) 3:45 Troopnong Couponing Club (BT) 6:15 Bingo Mania (DR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 6 10:00 Go4Life Walking Club (BT) 10:30 Communion Service (AR) 10:45 Men Who Built America (AR) 1:00 Silver Sneakers (LR) 1:30 Live with Artistry (AR) 3:00 Sundae Social (BT) 6:00 No Gutter Bowling (LR) 7:00 Scrabble Club (BT) 7:15 Evening Musical	9:30 This Day in History (BT) 7 10:00 Amazin' Glazin' Baking Club (AR) 10:00 Go4Life Walking Club (BT) 11:00 New Year Traditions From Around the World (AR) 1:00 Silver Sneakers (TCA) 2:00 Entertainment with Jerry Coyne (TCA) 3:00 Sweet Treat Social (BT) 6:30 Hymns with Carol (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 8 10:00 Out to the Movies (OT) 10:00 Go4Life Walking Club (BT) 10:15 The King Trivia (AR) 11:00 It's a Toss Up (AR) 1:00 Silver Sneakers (LR) 2:00 Musical Matinee starring Elvis (AR) 3:00 Beer & Pretzel Social (BT) 6:00 Left, Center, Right (BT) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 9 10:00 Go4Life Walking Club (BT) 10:00 Bookworm Biddies (AR) 11:00 Armchair Travels (AR) 1:00 Silver Sneakers (TCA) 1:40 Candy Bar Bingo (BT) 3:00 Happy Hour Social (BT) 3:30 Card Club with Volunteer Gary (BT) 6:30 Horse Shoes (BT) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 10 10:00 Bridge Club 10:00 Go4Life Walking Club (BT) 10:15 Mind Wrestlers (LR) 11:00 Wii Bowling for "Dollars" (LR) 1:00 Silver Sneakers (LR) 1:30 Manicure Madness 2:00 Scrabble Club (BT) 3:00 Root Beer Float Social (BT) 6:00 It's Trivial (LR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 11 10:30 Bingo with the Kiddos (BT) 11:30 Go4Life Walking Club (BT) 1:00 Fit & Fun (LR) 2:00 Old-Fashioned Sing-Along (LR) 3:00 Brain Teasers Social (BT) 3:30 Live with Anticipation Club (BT) 4:00 Rosary Club (AR) 6:00 Target Toss (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)
9:00 This Day in History (BT) 12 9:30 Catholic Mass at St. Alexis (OT) 10:00 Go4Life Walking Club (BT) 10:00 Pittsburgh Faith & Family Broadcast (AR) 10:15 Bookworm Biddies 11:00 Left Center Right (BT) 11:15 Exercise Essentials (AR) 1:15 Worship Service with Pastor Darrell (AR) 2:00 Hollywood Reels Club (AR) 3:00 SingFit Social (BT) 3:45 Troopnong Couponing Club (BT) 6:15 Bingo Mania (DR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 13 10:00 Go4Life Walking Club (BT) 10:00 Bookworm Biddies (AR) 10:45 Men Who Built America (AR) 1:00 Silver Sneakers (LR) 1:30 Live with Artistry (AR) 3:00 Sundae Social (BT) 6:00 No Gutter Bowling (LR) 7:00 Scrabble Club (BT) 7:15 Evening Musical	9:30 This Day in History (BT) 14 10:00 Amazin' Glazin' Baking Club (AR) 10:00 Go4Life Walking Club (BT) 11:00 Who Am I - They were born in January (AR) 12:00 Men's Luncheon (BT) 1:00 Silver Sneakers (TCA) 1:45 Man-ly Movie (AR) 3:00 Sweet Treat Social (BT) 6:30 Hymns with Carol (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 15 10:00 Go4Life Walking Club (BT) 10:15 Brain Benders (AR) 11:00 Lunch Bunch (OT) 11:00 It's a Toss Up (AR) 1:00 Silver Sneakers (LR) 2:00 Musical Matinee (AR) 3:00 Beer & Pretzel Social (BT) 6:00 Left, Center, Right (BT) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 16 10:00 Resident Council (TCA) 10:00 Go4Life Walking Club (BT) 10:30 Lynn DeFalco Entertains! (TCA) 1:00 Silver Sneakers (TCA) 1:40 Candy Bar Bingo (BT) 3:00 Happy Hour Social (BT) 3:30 Card Club with Volunteer Gary (BT) 6:30 Horse Shoes (BT) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 17 10:00 Bridge Club 10:00 Go4Life Walking Club (BT) 10:15 Mind Wrestlers (LR) 11:00 Wii Bowling for "Dollars" (LR) 1:00 Silver Sneakers (LR) 1:30 Manicure Madness 2:00 Scrabble Club (BT) 3:00 Root Beer Float Social (BT) 6:00 It's Trivial (LR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 18 10:30 Bingo with the Kiddos (BT) 11:30 Go4Life Walking Club (BT) 1:00 Fit & Fun (LR) 2:00 Old-Fashioned Sing-Along (LR) 3:00 Brain Teasers Social (BT) 3:30 Live with Anticipation Club (BT) 4:00 Rosary Club (AR) 6:00 Target Toss (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)
9:00 This Day in History (BT) 19 10:00 Go4Life Walking Club (BT) 10:00 Pittsburgh Faith & Family Broadcast (AR) 10:15 Bookworm Biddies 11:00 Left Center Right (BT) 11:00 Exercise Essentials (AR) 2:00 Hollywood Reels Club (AR) 3:00 SingFit Social (BT) 3:45 Troopnong Couponing Club (BT) 6:15 Bingo Mania (DR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 20 10:00 Live with Artistry (AR) 10:00 Go4Life Walking Club (BT) 1:00 Silver Sneakers (LR) 2:00 Catholic Mass (AR) 3:00 Sundae Social (BT) 6:00 Target Toss (LR) 7:00 Scrabble Club (BT) 7:15 Evening Musical	9:30 This Day in History (BT) 21 10:00 Amazin' Glazin' Baking Club (AR) 10:00 Go4Life Walking Club (BT) 11:00 Putting the Past in Order (AR) 1:00 Silver Sneakers (TCA) 1:45 Make Your Point! (LR) 3:00 Sweet Treat Social (BT) 6:30 Hymns with Carol (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 22 10:00 Rivers Casino (OT) 10:00 Go4Life Walking Club (BT) 10:15 Brain Benders (AR) 11:00 It's a Toss Up (AR) 1:00 Silver Sneakers (LR) 2:00 Musical Matinee (AR) 3:00 Beer & Pretzel Social (BT) 6:00 Left, Center, Right (BT) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 23 10:00 Go4Life Walking Club (BT) 10:00 Bookworm Biddies (AR) 11:00 Armchair Travels (AR) 1:00 Silver Sneakers (TCA) 1:40 Candy Bar Bingo (BT) 3:00 Happy Hour Social (BT) 3:30 Card Club with Volunteer Gary (BT) 6:30 Horse Shoes (BT) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 24 10:00 Bridge Club 10:00 Go4Life Walking Club (BT) 10:15 Mind Wrestlers (LR) 11:00 Wii Bowling for "Dollars" (LR) 1:00 Silver Sneakers (LR) 1:30 Manicure Madness 2:00 Scrabble Club (BT) 3:00 Root Beer Float Social (BT) 6:00 It's Trivial (LR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 25 10:30 Bingo with the Kiddos (BT) 11:30 Go4Life Walking Club (BT) 1:00 Fit & Fun (LR) 1:30 Out & About Bingo (OT) 2:00 Old-Fashioned Sing-Along (LR) 3:00 Brain Teasers Social (BT) 3:30 Live with Anticipation Club (BT) 4:00 Rosary Club (AR) 6:00 Target Toss (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)
9:00 This Day in History (BT) 26 9:30 Catholic Mass at St. Alexis (OT) 10:00 Go4Life Walking Club (BT) 10:00 Pittsburgh Faith & Family Broadcast (AR) 10:00 Visits with Sally & Pebbles (LR) 10:15 Bookworm Biddies 11:00 Left Center Right (BT) 11:15 Exercise Essentials (AR) 1:15 Worship Service with Pastor Darrell (AR) 2:00 Hollywood Reels Club (AR) 3:00 SingFit Social (BT) 3:45 Troopnong Couponing Club (BT) 6:15 Bingo Mania (DR) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 27 10:00 Go4Life Walking Club (BT) 10:00 Bookworm Biddies (AR) 10:45 Men Who Built America (AR) 1:00 Silver Sneakers (LR) 1:30 Live with Artistry (AR) 3:00 Sundae Social (BT) 6:00 No Gutter Bowling (LR) 7:00 Scrabble Club (BT) 7:15 Evening Musical	9:30 This Day in History (BT) 28 10:00 Amazin' Glazin' Baking Club (AR) 10:00 Go4Life Walking Club (BT) 11:00 Who Am I? (AR) 1:00 Silver Sneakers (TCA) 2:00 Tom Lamb Entertains! (TCA) 3:00 Sweet Treat Social (BT) 6:30 Hymns with Carol (LR) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 29 10:00 Bowling at Zone 28 (OT) 10:00 Go4Life Walking Club (BT) 10:15 Brain Benders (AR) 11:00 It's a Toss Up (AR) 1:00 Silver Sneakers (LR) 2:00 Musical Matinee (AR) 3:00 Beer & Pretzel Social (BT) 6:00 Left, Center, Right (BT) 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 30 10:00 Go4Life Walking Club (BT) 10:00 Bookworm Biddies (AR) 11:00 Armchair Travels (AR) 1:00 Silver Sneakers (TCA) 1:40 Candy Bar Bingo (BT) 3:00 Happy Hour Social (BT) 3:30 Card Club with Volunteer Gary (BT) 6:30 Horse Shoes (BT) 7:00 Evening Reflection & Prayer 7:15 Evening Movie (AR)	9:30 This Day in History (BT) 31 10:00 Go4Life Walking Club (BT) 10:15 Mind Wrestlers (LR) 11:00 Wii Bowling for "Dollars" (LR) 1:00 Silver Sneakers (LR) 1:30 Manicure Madness 2:00 Scrabble Club (BT) 3:00 Root Beer Float Social (BT) 6:00 It's Trivial (LR) 7:15 Evening Movie (AR)	All outings are weather dependent. Activities subject to change.